

# Mish-Mash

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Charles Thornhill (UK)  
音乐: Loosen Up My Strings - Clint Black



## KICK-BALL CHANGES

1            Kick forward right  
&            Step together on ball of right  
2            Change weight to left  
3            Kick forward right  
&            Step together on ball of right  
4            Change weight to left

## KICK-KICK, TURN

5            Kick right forward  
6            Kick right to right  
7            Turn ½ turn to the right pivoting on ball of left (swinging right around to meet left)  
8            Stomp right next to left (weight change to right)

## KICK-BALL CHANGES

9            Kick forward left  
&            Step together on ball of left  
10          Change weight to right  
11          Kick forward left  
&            Step together on ball of left  
12          Change weight to right

## KICK-KICK, TURN

13          Kick left forward  
14          Kick left to left  
15          Turn ½ turn to the left pivoting on ball of right (swinging left around to meet right)  
16          Stomp left next to right (weight change to left)

## TRAVELING KICK-BALL CHANGES

17          Kick forward right  
&            Step slightly to right on ball of right  
18          Cross left over right  
19          Kick forward right  
&            Step slightly to right on ball of right  
20          Cross left over right

## ROCKS, CHA-CHA-CHA

21          Rock forward onto right  
22          Rock back onto left  
23&24      Step in place right, left, right

## TRAVELING KICK-BALL CHANGES

25          Kick forward left  
&            Step slightly to left on ball of left  
26          Cross right over left  
27&28      Kick forward left

& Step slightly to left on ball of left  
28 Cross right over left

### **ROCKS, CHA-CHA-CHA**

29 Rock forward onto left  
30 Rock back onto right  
31&32 Step in place left, right, left

### **SLOW STEPS FORWARD**

33 Step forward on right  
34 Hold  
35 Step forward on left  
36 Hold

### **RUNNING MAN**

37& Stomp forward right, hitch left knee and scoot right back  
38& Stomp forward left, hitch right knee and scoot left back  
39& Stomp forward right, hitch left knee and scoot right back  
40& Stomp forward left, hitch right knee and scoot left back

### **SLOW STEPS FORWARD**

41 Step forward on right  
42 Hold  
43 Step forward on left  
44 Hold

### **RUNNING MAN**

45& Stomp forward right, hitch left knee and scoot right back  
46& Stomp forward left, hitch right knee and scoot left back  
47& Stomp forward right, hitch left knee and scoot right back  
48& Stomp forward left, hitch right knee and scoot left back

### **STEP, PIVOT, WALK, HEEL TOUCH**

49 Step forward right  
50 Pivot turn  $\frac{1}{2}$  turn to the left  
51 Step forward right  
52 Touch left heel diagonally forward

### **VAUDEVILLE HOPS (SCISSOR CROSS STEPS)**

53& Step back on ball of left, step right across left  
54& Step left to left and touch right heel diagonally forward  
55& Step back on ball of right, step left across right  
56& Step right to right and touch left heel diagonally forward  
57& Step back on ball of left, step right across left  
58& Step left to left and touch right heel diagonally forward  
59& Step back on ball of right, step left across right  
60& Step right to right and touch left heel diagonally forward

### **STEP, PIVOT TURN, STOMP**

61 Step left next to right  
62 Step right forward  
63 Pivot turn  $\frac{1}{4}$  turn to the left  
64 Stomp-up right (end with right foot raised ready to start kick-ball change)

REPEAT

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