

Mirror Cha Cha

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Irene Lloyd (UK)
音乐: I Should Know - The Mavericks



LEFT & RIGHT ROCKS WITH TRIPLE STEPS

- 1 Rock left to left side
- 2 Return weight onto right
- 3&4 Triple step in place left, right, left
- 5 Rock right to right side
- 6 Return weight onto left
- 7&8 Triple step in place right, left, right

FORWARD & BACK ROCKS WITH TRIPLE STEPS

- 9 Rock forward left
- 10 Rock weight back onto right
- 11&12 Triple step in place left, right, left
- 13 Rock back onto right
- 14 Rock weight forward onto left
- 15&16 Triple step in place right, left, right

KICKS & TRIPLE STEPS

- 17 Kick left forward
- 18 Kick left to left side
- 19&20 Triple step in place left, right, left
- 21 Kick right forward
- 22 Kick right to right side
- 23&24 Triple step in place right, left, right

KICK BALL CHANGE, TRIPLE STEP, MONTEREY TURN

- 25&26 Kick left forward, step left beside right, step right in place
- 27&28 Triple step in place left, right, left
- 29 Touch right to right side
- 30 On ball of left, pivot ½ turn right stepping right beside left
- 31 Touch left to left side
- 32 Step left beside right

MIRROR IMAGE

RIGHT & LEFT ROCKS WITH TRIPLE STEPS

- 33 Rock right to right side
- 34 Return weight onto left
- 35&36 Triple step in place right, left, right
- 37 Rock left to left side
- 38 Return weight onto right
- 39&40 Triple step in place left, right, left

FORWARD & BACK ROCKS WITH TRIPLE STEPS

- 41 Rock forward right
- 42 Rock weight back onto left
- 43&44 Triple step in place right, left, right
- 45 Rock back onto left

46 Rock weight forward onto right
47&48 Triple step in place left, right, left

KICKS & TRIPLE STEPS

49 Kick right forward
50 Kick right to right side
51&52 Triple step in place right, left, right
53 Kick left forward
54 Kick left to left side
55&56 Triple step in place left, right, left

KICK BALL CHANGE, TRIPLE STEP, MONTEREY TURN

57&58 Kick right forward, step right beside left, step left in place
59&60 Triple step in place right, left, right
61 Touch left to left side
62 On ball of right, pivot ½ turn left stepping left beside right
63 Touch right to right side
64 Step right beside left

REPEAT

When you are comfortable with the dance try dancing it in contra lines as a mirror image.

ROW 1-Face the back leading with right foot from step 33

ROW 2-Face the front leading with left foot from step 1 etc.

You will find that you dance a mirror image of the people in front and behind you, great fun and very clever.
