

# Mirror

拍数: 40      墙数: 4      级数: Beginner  
编舞者: Helle Mygind (DK)  
音乐: Dance Above the Rainbow - Ronan Hardiman



## KICK, KICK, TRIPLE (RIGHT AND LEFT)

1-2      Kick right foot forward twice  
3&4      Triple step in place right-left-right  
5-6      Kick left foot forward twice  
7&8      Triple step in place left-right-left

## HEEL SWITCHES WITH STEP TURN TWICE

1&2      Touch right heel forward, step on right, touch left heel forward  
&3      Step on left.- step right forward  
4      Pivot ½ turn left  
5-8      Repeat 1-4

## SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

1&2      Step forward right, close left beside right, step forward on right  
3-4      Rock step left foot forward, step right in place  
5&6      Step back on left, close right beside left, step back on left  
7-8      Rock step back on right, step left in place

## RUNNING STEP BALLS RIGHT AND LEFT WITH LEFT/4 TURN

1&      Step right to right, step ball of left beside right  
2&      Step right to right, step ball of left beside right  
3-4      Step right to right, left foot ¼ turn left

### 5-8 arms up over your head

5&      Step left to left, step ball of right beside left  
6&      Step left to left, step ball of right beside left  
7-8      Step left to left, stamp right foot beside left

In count 8 you make ¼ turn left with right foot and snap fingers, hold position on your feet when doing step balls at left

## SHUFFLE RIGHT, TOE TURN TWICE

1&2      Step right to right, close left beside right, step right to right  
3-4      Touch left toe back, make ½ turn left  
5&6      Step right to right, close left beside right, step right to right  
7-8      Touch left toe back, make ½ turn left

## REPEAT

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