

Mini Mariana

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jan Welsh (UK)
音乐: Mariana Mambo - Chayanne



WALK, HOLD, WALK, HOLD, FORWARD MAMBO STEP, HOLD

1-2-3-4 Step right foot forward, hold, step left foot forward, hold

5-6-7-8 Rock forward on to right foot, recover weight on to left foot in place, step right foot back, hold

BACK, HOLD, BACK, HOLD, BACKWARD MAMBO STEP, HOLD

9-10-11-12 Step left foot back, hold, step right foot back, hold

13-14-15-16 Rock back on to left foot, recover weight on to right foot in place, step left foot forward, hold

RIGHT SIDE ROCK CROSS, HOLD, LEFT SIDE ROCK CROSS, HOLD

17-18-19-20 Rock right foot to the side, recover weight on to left foot in place, cross step right foot over left foot, hold

21-22-23-24 Rock left foot to the side, recover weight on to right foot in place, cross step left foot over right foot, hold

COASTER ¼ TURN LEFT, HOLD, ½ PIVOT TURN RIGHT, STEP, HOLD

25-26-27-28 Step right foot back making ¼ turn left, close left foot next to right foot, step right foot forward, hold

29-30-31-32 Step left foot forward, pivot ½ turn right, step left foot forward, hold

REPEAT
