

Mind Games

COPPER KNOB
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拍数: 0 墙数: 0 级数:
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音乐: Free Your Mind - En Vogue



PART A

SIDE ROCK & POINT, BALL CROSS, TAP STEP, CROSS ROCK, RECOVER & SWEEP, SAILOR WITH PUSH

- 1&2 Rock right foot out to right side, recover onto left foot, point right toe to right side
&3&4 Step right foot slightly back, step left foot over right foot (3, tap right toe out on diagonal to right, step forward on right foot on right diagonal)
5-6& Rock left foot over right, recover onto right foot, sweep left toe around to the left
7&8 Step left foot behind right, step right to right side, take a big step out to left side on left foot

ROCK & STEP, SYNCOPATED WEAVE ¼ TURN, ROCK & TOUCH, TWIST TWIST TWIST ½ TURN

- 9&10 Rock back on right foot, recover onto left foot, step right out to right side
11&12 Step left foot behind right, step right forward making a ¼ turn right, step forward on left foot
13&14 Rock forward on right foot, recover onto left foot, touch right toe forward
15&16 Swivel heels right, left, right making a ½ turn left, weight ending on right foot

COASTER STEP, SIDE ROCK & CROSS, SIDE ROCK & CROSS, SYNCOPATED WEAVE WITH POINT MAKING ¼ TURN LEFT

- 17&18 Step back on left foot, step together with right foot, step forward on left foot
19&20 Rock right foot out to right side, recover onto left foot, step right foot over left
21&22 Rock left foot out to left side, recover onto right foot, step left foot over right
&23&24 Step back on right foot making a ¼ turn left, step left foot to left side, step right foot over left foot, point left toe to left side

STEP ACROSS, COASTER STEP, WALK, PIVOT ½ TURN LEFT, STEP TURN TOUCH MAKING ½ TURN RIGHT

- 25 Step left foot over right
26&27 Step back on right foot, step together with left, step forward on right
28 Step forward on left
29-30 Point right toe forward, pivot ½ turn left, stepping forward on left foot
31&32 Step forward on right foot, step back on left foot making ½ turn right, touch right toe beside left foot

PART B

SIDE ROCK, SHUFFLE SIDE, CROSS ROCK, SIDE SHUFFLE

- 1-2 Rock right foot out to right side, recover onto left foot
3&4 Step right to right side, step left beside right, step right foot to right side
5-6 Rock left foot over right, recover onto right foot
7&8 Step left foot to left side, step right foot beside left, step left foot to left side

SAILOR STEP, SAILOR STEP WITH SYNCOPATED STEP TOUCH FORWARD, ROCK STEP BACK, PIVOT ½ TURN

- 9&10 Step right foot behind left, step left foot to left side, step right foot to right side
11&12 Step left foot behind right, step right foot to right side, step left foot forward
&13-14 Touch right toe up behind left foot, rock back on right foot, recover onto left
15-16 Point right toe forward, pivot ½ turn left, stepping forward on left foot
17-32 Repeat the above 16 counts

