

# Mind And Breathe!

COPPERKNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lesley Clark (SCO)  
音乐: Burning Love - Travis Tritt



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1&2&      Right heel forward, back in place, left heel forward, back in place  
3&4&      Right heel forward, hook right heel in front of left leg, right heel forward, right foot back in place  
5&6&      Left heel forward, back in place, right heel forward, back in place  
7&8&      Left heel forward, hook left foot in front of right leg, left heel forward, back in place

9&10      Right shuffle forward  
11&12      Left shuffle forward  
13-14      Step forward onto right, pivot ½ turn over left shoulder  
15-16      Stomp right foot, stomp left foot

17&18&      Rock right foot forward, recover onto left, rock out to right side, recover on left  
19&20      Right sailor step  
21&22&      Rock left foot forward, recover onto left, rock out to left side, recover on right  
23&24      Left sailor step

25-26&27      Step forward on to right, hold, jump left foot behind right, step right forward  
28&29-30      Hold, jump left behind right, step right foot forward, ½ turn over left shoulder  
31-32      Step forward on to right foot, pivot ¼ turn over the left shoulder

**REPEAT**

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