

Millie

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Pete Cranwell (UK) & John Sharman (UK)
音乐: Millie - Speed Limit



ROCK & ROCK & ROCK & CROSS

1-4 Rock forward right, left in place, rock back on right, left in place
5-8 Rock right to right side, left in place, cross right over left, hold for one beat

SIDE, TOGETHER, STEP, LOCK, STEP, SCUFF, STEP

9-12 Step left to left side, right together, step forward left, lock right behind left
13-16 Step forward left, scuff right foot forward, step on right, hold for one beat

ROCK & ROCK & ROCK & CROSS

17-20 Rock forward left, right in place, rock back on left, right in place
21-24 Rock left to left side, right in place, cross left over right, hold for one beat

SIDE, TOGETHER, BACK, LOCK, BACK, TURN, SIDE

25-28 Step right to right side, left together, step back right, lock left over right
29-32 Step back right, hitch left making a $\frac{1}{4}$ turn left, step on left to left side, hold for one beat

CROSS SHUFFLE HOLD, LEFT SHUFFLE BACK HOLD

33-36 Step on right over left, step left to left side, step on right over left, hold
37-40 Make a $\frac{1}{4}$ turn right and step back on left, step right beside left, step back on left, hold for one beat

CHASSE RIGHT HOLD, SHUFFLE FORWARD HOLD

41-44 Make a $\frac{1}{4}$ turn right and step on right to right side, left together, step on right to right side, hold for one beat
45-48 Make a $\frac{1}{4}$ turn right and step forward on left, right together, step forward left, hold for one beat

COASTER STEP, TOE STRUT, TOE STRUT

49-52 Step forward right, left together, step back right, hold for one beat
53-56 Step left toe back, heel down, step back right toe, heel down

COASTER STEP, RIGHT, CLAP, LEFT, CLAP

57-60 Step back left, right together, left forward, hold for one beat
61-64 Step forward right, hold and clap, step forward left, hold and clap

REPEAT
