

Millennium 2000

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Jane R. (USA)
音乐: What If I Do - Mindy McCready



2 JAZZ JUMPS BACK WITH CLAPS, 2 FORWARD RIGHT HIP BUMPS, 2 FORWARD LEFT HIP BUMPS

&1-2 Step right foot diagonally back, step left foot diagonally back clap hands

It looks like a small jump back with your feet slightly apart

&3-4 Repeat jazz jumps back then clap (weight on left)

5-6 Step right foot forward, bump right hip twice

7-8 Step left foot forward, bump left hip twice (weight on left)

RIGHT SAILOR, ¼ TURN LEFT SAILOR, FORWARD RIGHT COASTER, BACK LEFT COASTER

1&2 Step right foot crossed behind left foot, rock on ball left foot to left side, step right foot centered under body

3&4 ¼ turn left with left foot crossed behind right foot, rock on ball of right foot to right side, step left foot centered under body

5&6 Step forward on right foot, step forward on left foot next to right foot, step back on right foot

7&8 Step back left foot, step back on right foot next to left foot, step forward on left foot

SYNCOATED JUMP APART-TOGETHER

&1&2 Step back on right foot, left heel forward, bring left foot in, bring right foot in next to left (weight on right)

&3&4 Step back on left foot, right heel forward, bring right foot in, bring left foot in next to right (weight on left)

&5&6 Repeat right syncopated jump apart-together

&7&8 Repeat left syncopated jump apart-together

SIDE SHUFFLES, ROCK STEPS

1&2 Traveling side right, shuffle right, left, right

3 Keeping right foot in place, step back on left foot

4 Rock forward on right foot

5&6 Traveling side left, shuffle left, right, left

7 Keeping left foot in place, step back on right foot

8 Rock forward on left foot

FORWARD HIP BUMPS

1-2 Step forward right foot, bump right hip twice

3-4 Step forward left foot, bump left hip twice

5-6 Repeat forward right hip bumps

7-8 Repeat forward left hip bumps

REPEAT