

# Milkshake

COPPER KNOB  
STEPSHETS

拍数: 40      墙数: 4      级数: Intermediate/Advanced  
编舞者: Chris Godden (UK)  
音乐: Milkshake - Kelis



- &1&2      Hitch right while swinging right foot to right, touch right forward swiveling right heel in, out, in  
3-4      Pivot  $\frac{1}{2}$  right on right while hitching left, repeat (back to front wall)  
5-6      Walk back left, right  
&7-8      Left to left side, right to right side, take right arm out to right side (palm face down while head turns right)
- 1&2      Kick left in place, cross left behind right, hold  
&3-4      Step right to right side, cross left over right, step right to right side  
5&6      Cross left behind right, right to right side,  $\frac{1}{4}$  turn onto left  
7&8      Swivel both heels left right left while making  $\frac{1}{2}$  turn right (weight ends on left)
- 1&2      Step back on right, press on ball of left, step right in place  
3&4      Repeat on left  
5-6      Kick right to right side, close right to left crossing arms in front of chest  
7-8      Step left to left side throwing arms out to side (palms down), bending into both knees pushing palms down
- &1&2&3&4      Taking weight onto left bump hips right left right left right left right left (while bumping hips slowly complete  $\frac{1}{4}$  turn right with right hitch)  
5-6      Big step forward on right, close left to right  
7-8      Circle knees to the left twice while making  $\frac{1}{4}$  left turn
- 1-4      Walk forward right, left, kick right forward, pivot  $\frac{1}{2}$  right pressing into ball of right  
5&6      Hold, close left behind right, step forward on right  
7&8      Scuff left forward, hitch left, step forward on left

**REPEAT**

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