

# Milk & Alcohol

**COPPER KNOB**  
STEPSHEETS

拍数: 80      墙数: 4      级数: Intermediate  
编舞者: Gaye Teather (UK)  
音乐: Milk and Alcohol - Dr. Feelgood



## **SIDE RIGHT TOE STRUT, LEFT HEEL, TOE, TWICE**

1-2            Step right toe to right side, (small step) lower right heel (weight on right)  
3-4            Swivel left heel in towards right, swivel left toe in beside right (weight on left)  
5-8            Repeat steps 1-4

## **SIDE RIGHT, TOGETHER, WEAWE ¼ TURN LEFT, STEP, PIVOT ¼ LEFT**

9-10           Step right to right side, step left beside right  
11-12          Cross right over left, step left to left,  
13-16          Step right behind left, step left ¼ turn left, step forward on right, pivot ¼ turn left (facing 6:00)

## **CROSS STRUT, SIDE STRUT, JAZZ BOX TURNING ¼ RIGHT**

17-20          Cross right toe over left, lower right heel, step left toe to left side, lower left heel  
21-22          Cross right over left, step back on left,  
23-24          Turn ¼ right stepping right to right side, step left beside right (facing 9:00)

## **CROSS STRUT, SIDE STRUT, JAZZ BOX TURNING ¼ RIGHT**

25-32          Repeat steps 17-24 (facing 12:00)

## **DIAGONAL STEPS FORWARD, RIGHT, TOUCH, LEFT, TOUCH, RIGHT, TOUCH, LEFT, TOUCH**

33-34          Step right forward on right diagonal, touch left beside right  
35-36          Step left forward on left diagonal, touch right beside left  
37-40          Repeat steps 33-36

## **DIAGONAL STEPS BACK RIGHT, TOGETHER, HEEL SPLIT, BACK LEFT, TOGETHER, HEEL SPLIT**

41-42          Step right back on right diagonal, step left beside right  
43-44          Keeping toes together, swivel both heels out and in  
45-46          Step left back on left diagonal, step right beside left  
47-48          Keeping toes together, swivel both heels out and in

## **HALF MONTEREY TURN TWICE**

49-50          Touch right toe to right, on ball of left make ½ turn right stepping right beside left  
51-52          Touch left toe to left, step left beside right  
53-56          Repeat steps 49-52 (facing 12:00)

## **VINE RIGHT, TOGETHER, SWIVET RIGHT, SWIVET LEFT**

57-60          Step right to right, step left behind right, step right to right, step left beside right  
61-62          With weight on left toe and right heel, swivel toes right, return to center  
63-64          With weight on right toe and left heel, swivel toes left, return to center

## **VINE ¼ TURN LEFT, TOGETHER, SWIVET RIGHT, SWIVET LEFT**

65-68          Step left to left, step right behind left, step left ¼ turn left, step right beside left (facing 9:00)  
69-70          With weight on left toe and right heel, swivel toes right, return to center  
71-72          With weight on right toe and left heel, swivel toes left, return to center (weight ends on left)

## **WALK BACK RIGHT, LEFT, RIGHT, HITCH, COASTER STEP, HOLD**

73-76          Walk back on right, left, right, hitch left knee  
77-80          Step back on left, step right beside left, step forward on left, hold

REPEAT

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