

Mighty Real

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Stompin Steve Knowles (UK)
音乐: Little Long-Haired Outlaw - Chris LeDoux



KICK, KICK, TOUCH, CLAP, CLAP

1&2& Kick right over left, step right beside left, kick left over right, step left beside right
3-4 Touch right toes over left, hold & clap twice
5-8 Repeat counts 1-4 starting on left

SWEEP, STEP, SWEEP, STEP

9-10 Sweep left round behind right over 2 counts & step on it
11-12 Sweep right round behind left over 2 counts & step on it

SWEEP ½ TURN, SHUFFLE

13-14 Sweep left round making ½ turn left over 2 counts
15&16 Shuffle to left (left-right-left)

HEEL JACK WITH ¼ TURN, SHUFFLE

&17&18 Step back on right, touch left heel forward, step left in place, step forward on right into a ¼ turn left
19&20 Shuffle forward (left-right-left)

ROCK STEP, PIVOT ½ TURN

21-24 Rock forward on right, rock back onto left, step back on right, pivot ½ turn right

RUNNING MAN

&25&26 Scoot right back, step forward on left, scoot left back, step forward on right
&27&28 Repeat

ROCK FORWARD & TOGETHER, ROCK BACK & TOGETHER

29&30 Rock forward on left, rock back onto right, step left beside right
31&32 Rock back on right, rock forward onto left, step right beside left

OUT OUT, IN IN, OUT OUT, IN IN, TRAVELING BACK

&33&34 Step out left, step out right, step in left, step in right
&35&36 Repeat

APART, CROSS, UNWIND, CLAP

37-40 Jump feet apart, jump feet together crossing right over left, unwind a full turn left, clap.

JUMP STEPS

41-42 With both feet together jump to right, jump to left
43&44 Jump to right, jump to left, jump to right
45-48 Repeat 41-44 starting to left

SHUFFLE ½ TURNS

49&50 Shuffle forward right-left-right, making a ½ turn left
51&52 Shuffle back left-right-left, making a ½ turn left

SWITCH STEPS, ROCK STEP

53&54& Touch right heel forward, step right beside left, touch left heel forward, step left beside right

55-56 Rock forward on right, rock back on left

SWITCH STEPS, ROCK STEP

&57&58 Step right beside left, touch left heel forward, step left beside right, touch right heel forward

&59-60 Step right beside left, rock forward on left, rock back onto right

SHUFFLE BACK, STEP ½ TURN

61&62 Shuffle back left-right-left

63-64 Step back on right making a ½ turn right, step left beside right

REPEAT
