

# Midway

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Dee Cresdee (CAN)  
音乐: Life Is a Rollercoaster - Ronan Keating



## HIP SWAYS, RIGHT, LEFT, RIGHT, LEFT, COASTER STEP, STEP FORWARD, HOLD

1-4            Step right forward on slight diagonal and sway hips forward, back forward, back on same diagonal  
5&6           Step right back, step left beside right, step right forward  
7-8           Step left forward, hold

## ¼ PIVOT TURN LEFT, RIGHT CROSS-SHUFFLE, STEP BACK, STEP SIDE, TOUCH, KICK FORWARD

1-2            Step right forward, ¼ turn left, weight on left  
3&4           Cross step right over left, step left to left side, cross step right over left  
5-6           Step left back, step right to right side  
7-8           Touch left toe beside right foot, kick left forward

## LEFT SHUFFLE BACK, RIGHT SHUFFLE BACK, LEFT ROCK BACK, RECOVER, LEFT FORWARD, HOLD

1&2            Step left back, step right beside left, step left back  
3&4            Step right back, step left beside right, step right back  
5-6            Rock left back, recover weight on right  
7-8            Step left forward, hold

## RIGHT JAZZ BOX, TOUCH RIGHT: SIDE, CENTER, FRONT, CENTER

1-2            Cross step right over left, step left back  
3-4            Step right to right side, step left beside right  
5-6            Touch right toe to right side, touch right toe beside left foot  
7-8            Touch right toe forward, touch right toe beside left foot

**REPEAT**

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