

Midnight Train To Georgia

COPPER **NOB**
BY STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Terry Mchugh (UK)
音乐: Midnight Train to Georgia - Gladys Knight & The Pips



16 count intro (after drum beats)

CROSS ROCKS TWICE, POINT RIGHT TOE TO SIDE, SAILOR STEP WITH ¼ TURN, BACK LOCKS

1-2 Rock forward on right across left, rock back on left
&3-4 Step right beside left, rock forward on left across right, point right toe to right side
5&6 Step right behind left, step a ¼ turn left on left, step right beside left
7&8 Lock steps back left, right, left

¼ TURN LEFT, FORWARD LOCKS, BACK LOCKS

1-2 Step right to right side with ¼ turn left, tap left toe in front of right
3&4 Lock steps forward left, right, left
5-6 Step forward on right, tap left toe behind right
7&8 Lock steps back left, right, left

MONTEREY TURNS TWICE

1-2 Point right toe to right side, step right beside left with ½ turn left
3-4 Point left toe to left side, step left beside right
5-8 Repeat 1-4

SYNCOPATED WEAVE LEFT, SYNCOPATE WEAVE RIGHT

1-2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side. Cross right over left
5-6 Rock left, rock right
7&8 Step left behind right, step right to right side, cross left over right

ROCKING HORSE WITH ¼ TURN RIGHT, CROSS SHUFFLE RIGHT

1-2 Rock forward on right rock back on left
3-4 Rock back on right, rock forward on left
5-6 Rock forward on right with ¼ turn right, point left toe to left side
7&8 Cross shuffle right left, right, left

CROSS MAMBOS TWICE SIDE CROSS ROCKS, CROSS SHUFFLE LEFT

1&2 Step right to right, step left in place, cross right over left
3&4 Step left to left side, step right in place cross left over right
5-6 Rock right, rock left
7&8 Cross shuffle left, right, left, right

LONG STEP BACK, HEEL TAPS, LONG STEP FORWARD, HEEL TAPS

1-2 Long step back on left, step right beside left
3&4 Tap heels 3 times
5-6 Long step forward on left step right beside left
7&8 Tap heels 3 times

HEEL GRIND WITH ¼ TURN LEFT, LEFT COASTER STEP TWICE

1-2 Step forward on right, grind right heel into ¼ turn left
3&4 Step back on left step right beside left step forward on left
5-8 Repeat 1-4

REPEAT
