

Midnight Stroll

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Chris Miller (USA)
音乐: Walkin' After Midnight - The GrooveGrass Boyz



WALK FORWARD; ROCK FORWARD, IN PLACE, BACK; WALK BACK; COASTER STEP

1-2 Step right forward, step left forward
3&4 Rock right forward, step left in place, step right back
5-6 Step left back, step right back
7&8 Step left back, step right together, step left forward

WALK FORWARD; ROCK FORWARD, IN PLACE, BACK; WALK BACK; BUMP AND BUMP

1-2 Step right forward, step left forward
3&4 Rock right forward, step left in place, step right back
5-6 Step left back, step right back
7&8 Keeping weight on right, shift hips back then forward then back

CROSS UNWIND $\frac{3}{4}$; SIDE BALL CROSS; LONG SLIDE; $\frac{1}{4}$ TURNS (TOUCH & TOUCH)

1-2 Cross left over right; unwind $\frac{3}{4}$ to right (keeping weight on left)
3&4 Step right onto ball of right, shift weight to left, cross right over left
5-6 Long step left onto left, slide right together and touch
&7 Lift right knee up, pivoting on left make $\frac{1}{4}$ turn to left and touch right out to right side
&8 Repeat &7

TRIPLE STEP, $\frac{3}{4}$ TURN; TOE AND HEEL; $\frac{1}{4}$ TURN; FLICK $\frac{1}{2}$ TURN

1&2 Shuffle forward right, left, right
3 Step left forward starting $\frac{3}{4}$ turn to right on left
4 Completing $\frac{3}{4}$ turn to right on left, step right forward
5& Touch left toe to left side, step left together
6& Touch right heel forward, step right together
7 Step left making $\frac{1}{4}$ turn left
8 Pivot on left make $\frac{1}{2}$ turn to left while bending right knee and flicking right foot off floor

REPEAT
