

Midnight Shift

拍数: 48 墙数: 4 级数: Beginner straight rhythm
编舞者: Terry Cullingham (UK)
音乐: Midnight Shift - Buddy Holly



FORWARD STRUT, BACK STRUT, SLOW RIGHT COASTER STEP, HOLD

1-2 Touch right toe forward, snap right heel to floor
3-4 Touch left toe back, snap left heel to floor
5-6 Step right back, step left beside right
7-8 Step right forward, hold

FORWARD STRUT, BACK STRUT, STEP, PIVOT ½ TURN RIGHT, STEP, HOLD

9-10 Touch left toe forward, snap left heel to floor
11-12 Touch right toe back, snap right heel to floor
13-14 Step left forward, pivot ½ turn right
15-16 Step left forward, hold

STEP, PIVOT ½ TURN LEFT, ¼ TURN LEFT, HOLD, BACK ROCK, SIDE, HOLD

17-18 Step right forward, pivot ½ turn left
19-20 ¼ turn left stepping right to right side, hold
21-22 Rock left back, recover on right
23-24 Step left to left side, hold

FORWARD ROCK, ½ TURN RIGHT, STEP, HOLD, FORWARD LOCK STEP, HOLD

25-26 Rock right forward, recover on left
27-28 ½ turn right stepping right forward, hold
29-30 Step left forward, lock right behind left
31-32 Step left forward, hold

FORWARD ROCK, BACK ROCK, CROSS, FORWARD ROCK, BACK ROCK, CROSS

33-34 Rock right forward, recover on left
35-36 Rock right back, cross left over right (traveling right)
37-38 Rock right forward, recover on left
39-40 Rock right back, cross left over right (traveling right)

SIDE ROCK, WEAVE LEFT

41-42 Rock right to right side, recover on left
43-44 Cross right behind left, step left to left side
45-46 Cross right over left, step left to left side
47-48 Cross right behind left, step left to left side

REPEAT

ENDING

Danced once only during wall 6, dance to count 32 then finish the dance with the following 2 steps
&1 ¼ turn right stepping right to right side, cross left over right (facing 12:00)