

# Mid Life Crisis

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Ernie (Hutch) Hutchinson (USA)  
音乐: I Wanna Be Like Jimmy Buffett - T. J. Walsh



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## **FORWARD, BACK, BACK, CROSS, BACK - BACK, FORWARD, SHUFFLE ½ RIGHT**

1-2-3&4      Step right forward, rock back on left, step right back, cross left over right, step right back  
5-6-7&8      Step left back, rock forward on right, shuffle ½ right (left-right-left)

## **BACK, FORWARD, SHUFFLE ¼ LEFT - CROSS, REPLACE, SIDE SHUFFLE LEFT**

1-2-3&4      Step right back, rock forward on left, shuffle ¼ left (right-left-right)  
5-6-7&8      Cross step left over right, replace weight right, side shuffle (left-right-left)

## **CROSS, UNWIND ¾, SHUFFLE FORWARD - ½ PIVOT RIGHT, SHUFFLE ¼ RIGHT**

1-2-3&4      Cross right over left, unwind ¾ left (weight left), shuffle forward (right-left-right)  
5-6-7&8      Step left forward, pivot ½ right, shuffle ¼ right (left-right-left)

## **BACK, FORWARD, SHUFFLE FORWARD - PIVOT ½ RIGHT, SHUFFLE FORWARD**

1-2-3&4      Step right back, rock forward on left, shuffle forward (right-left-right)  
5-6-7&8      Step left forward, pivot ½ right, shuffle forward (left-right-left)

**REPEAT**

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