Miami Shuffle



拍数: 64 编数: 4 级数: Intermediate

编舞者: Brenda Hancock (CAN)

音乐: Help Me Rhonda - Jan & Dean



RIGHT JACKIE GLEASON, LINDY LEFT, STEP/TOUCH RIGHT/LEFT, VINE RIGHT

1-2	Step right in place, brush left forward
3-4	Brush left back diagonally across right, brush left forward diagonally toward 11:00
5&6	Step left to side, step right beside left, step left to side
7-8	Step back (rock) on right, step left foot (recover) in place
4.0	Cton right to side tough left beside right

1-2 Step right to side, touch left beside right
3-4 Step left to side, touch right beside left
5-6 Step right to side, step left behind right
7-8 Step right to side, touch left beside right

LEFT JACKIE GLEASON, LINDY RIGHT, STEP/TOUCH LEFT/RIGHT, VINE LEFT

1-2	Step left in place, brush right forward
3-4	Brush right back diagonally across left, brush right forward diagonally toward 1:00
5&6	Step right to side, step left beside right, step right to side
7-8	Step back (rock) on left, step right foot (recover) in place
1-2	Step left to side, touch right beside left
3-4	Step right to side, touch left beside right
5-6	Step left to side, step right behind left
7-8	Step left to side, touch right beside left

CLOSED VINE RIGHT TURNING 1/4 TURN RIGHT, ROCK/RECOVER/HEEL/HOOK

1-4	Step right to side, step left behind right, step right at ¼ turn right, step left beside right
5-6	Step back on right foot, recover to left foot in place

7-8 Touch right heel forward, hook right heel in front of left shin

CLOSED VINE RIGHT TURNING 1/2 TURN RIGHT, ROCK/RECOVER/HEEL/HOOK

1-4	Step right to side, step left behind right, step right at ½ turn right, step left beside right
5-6	Step back on right foot, recover to left foot in place

7-8 Touch right heel forward, hook right heel in front of left shin

RIGHT SHUFFLE FORWARD, ROCK/RECOVER, LEFT SHUFFLE BACK, ROCK/RECOVER

1&2	Step right forward, step left beside right, step right forward
3-4	Step left forward, recover to right foot in place
5&6	Step left back, step right beside left, step left back
7-8	Step right back, recover to left foot in place

VINE RIGHT AND LEFT

1-4	Step right to side, step left behind right, step right to side, touch left beside right
5-8	Step left to side, step right behind left, step left to side, touch right beside left

REPEAT