

Mi Amor

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Gary Steele (UK)
音乐: Monday Mi Amor - Soluna



CHASSE LEFT, CHASSE RIGHT, LEFT SHUFFLE FORWARD, POINT CROSS

1&2 Step left to left side, close right next to left, step left to left side
3&4 Step right to right side, close left next to right, step right to right side
5&6 Left shuffle forward stepping left, right, left
7-8 Point right to right side, cross right over left

LEFT CROSS BACK SIDE, RIGHT CROSS BACK SIDE, BACK ROCK RIGHT ¼ LEFT, BEHIND SIDE CROSS

1&2 Cross left over right, step right back, step left to left side
3&4 Cross right over left, step left back, step right to right side
5&6 Rock back onto left foot, recover weight onto right, step left to left side making a ¼ turn right
7&8 Cross right behind left, step left to left side, cross right over left

HIP BUMPS LEFT AND RIGHT, LEFT AND RIGHT BACK ROCK SIDE

1&2 Step left to left side bumping the hips left, right, left
3&4 Bump the hips right, left, right
5&6 Rock back onto left foot, recover weight onto right, step left to left side
7&8 Rock back onto right foot, recover weight onto left, step right to right side

TOE UNWIND ½ LEFT, RIGHT CROSSING SHUFFLE, SIDE ROCK, RECOVER, STEP BEHIND SIDE

1-2 Touch left toe behind right, unwind ½ turn over left shoulder
3&4 Right crossing shuffle stepping right, left, right
5-6 Rock out to the side on left foot, recover weight onto right
7-8 Step left behind right, step right to right side

REPEAT
