

Mexico (P)

拍数: 64 墙数: 0 级数: Partner
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音乐: Horse To Mexico - Trini Triggs



Position: Side by side holding inside hands. Mirror image

MAN'S STEPS

STEP, TOGETHER, SHUFFLE, ¼ PIVOT, TRIPLE STEP ½, TURN

1-2 Step left to left, step right next to left
3&4 Left shuffle forward (release hands)
5-6 Step right forward ¼ pivot left
7-8 Step right, left, right while turning ½ left

Couples will end facing each other, man facing OLOD lady facing ILOD

ROCK STEP, CHA-CHA, ROCK STEP CHA-CHA

9-10 Rock back on left, forward on right
11&12 Cha-cha forward left, right, left
13-14 Rock forward on right back on left
15&16 Cha-cha right, left, right in place

Hold hands in open position on second rock step

STEP, TOGETHER, CHA-CHA, WALK, WALK CHA-CHA

17-18 Step left with left, step right next to left
19&20 Cha-cha left (left, right, left) with ¾ turn left

Keeping hold of both hands lady will end facing RLOD in right pretzel position, man facing LOD

21-22 Walk forward right, left
23&24 Cha-cha forward right, left, right

ROCK STEP, CHA-CHA, STEP TOGETHER, CHA-CHA

25-26 Rock forward on left, back on right
27&28 Cha-cha back on left, right, left

Keeping hold of both hands you will end where you started, man facing OLOD, lady facing ILOD

29-30 ¼ turn right on right, step left next to right
31&32 Cha-cha sideways right, left, right towards RLOD

STEP, DRAG, CHA-CHA, STEP, DRAG, CHA-CHA

33 Take long step to left with left
34 Drag right toe up & point next to left
35&36 Cha-cha sideways right, left, right towards RLOD

Keeping hold of both hands, as you step drag extend arms out to both sides, man's left, lady's right raised, other low

37-40 Repeat above 4 counts again

STEP, TOGETHER, CHA-CHA, STEP TOGETHER CHA-CHA (CHANGING PLACES)

41 Release right hand raise left (go under joined hands) as you step forward & diagonal on left
42 Slide right up to left
43&44 Cha-cha forward left, right, left as you turn ¼ left
45-46 Step forward on right, slide left up to right
47&48 Cha-cha right, left, right as you turn ¼ left

You will now have changed places, man faces ILOD, lady OLOD holding both hands

STEP, DRAG, CHA-CHA, STEP, DRAG, CHA-CHA

49-56 Repeat exactly the same counts 33-40

STEP TOGETHER, CHA-CHA, STEP TOGETHER, CHA-CHA (CHANGING PLACES)

57 Release left hand raise right (go behind lady) as you step forward & diagonally on left

58 Slide right up to left

59&60 Cha-cha forward left, right, left as you turn $\frac{1}{4}$ left

61-62 Step forward on right, slide left up to right

63&64 Cha-cha right, left, right forward holding inside hands

REPEAT

LADY'S STEPS

STEP, TOGETHER, SHUFFLE, $\frac{1}{4}$ PIVOT, TRIPLE STEP $\frac{1}{2}$, TURN

1-2 Step right to right, step left next to right

3&4 Right shuffle forward

5-6 Step left forward, $\frac{1}{4}$ pivot right

7-8 Step left, right, left while turning $\frac{1}{2}$ right

Couples will end facing each other, man facing OLOD lady facing ILOD

ROCK STEP, CHA-CHA, ROCK STEP CHA-CHA

9-10 Rock back on right, forward on left

11&12 Cha-cha forward right, left, right

13-14 Rock back on left, forward on right

15&16 Cha-cha left, right, left in place

Hold hands in open position on second rock step

STEP, TOGETHER, CHA-CHA, WALK, WALK CHA-CHA

17-18 Step right to right, step left next to right

19&20 Cha-cha right, left, right while turning $\frac{3}{4}$ to right

Keeping hold of both hands lady will end facing RLOD in right pretzel position, man facing LOD

21-22 Walk back left, right

23&24 Cha-cha backwards left, right, left

ROCK STEP, CHA-CHA, STEP TOGETHER, CHA-CHA

25-26 Rock back on right, forward on left

27&28 Cha-cha forward on right, left, right, while turning $\frac{3}{4}$ to left

Keeping hold of both hands you will end where you started, man facing OLOD, lady facing ILOD

29-30 Step left to left, step right next to left

31&32 Cha-cha sideways left, right, left towards RLOD

STEP, DRAG, CHA-CHA, STEP, DRAG, CHA-CHA

33 Take a long step to right with right

34 Drag left toe up & point next to right

35&36 Cha-cha sideways left, right, left towards RLOD

Keeping hold of both hands, as you step drag extend arms out to both sides, man's left, lady's right raised, other low

37-40 Repeat above 4 counts again

STEP, TOGETHER, CHA-CHA, STEP TOGETHER CHA-CHA (CHANGING PLACES)

41 Release left hand raise right (go behind man) as you step forward & diagonal on right

42 Slide left up to right

43&44 Cha-cha forward right, left, right as you turn $\frac{1}{4}$ right

45-46 Step forward on left, slide right up to left

47&48 Cha-cha forward left, right, left as you turn $\frac{1}{4}$ right

You will now have changed places, man faces ILOD, lady OLOD holding both hands

STEP, DRAG, CHA-CHA, STEP, DRAG, CHA-CHA

49-56 Repeat exactly the same counts 33-40

STEP TOGETHER, CHA-CHA, STEP TOGETHER, CHA-CHA (CHANGING PLACES)

57 Release right hands raise left (go under joined hands) as you step forward & diagonally on right

58 Slide left up to right

59&60 Cha-cha right, left, right as you turn $\frac{1}{4}$ left

61-62 Step forward on left, slide right up to left

63&64 Cha-cha left, right, left forward holding inside hands

REPEAT

TAG

When Using "Horse to Mexico" add 4 shuffles at the end of the first sequence only
