Mexican Pop



拍数: 48 墙数: 2 级数: Intermediate cha cha

编舞者: Mona Puente (USA) 音乐: Carino Mio - RBD



SIDE, ROCK, RECOVER, LOCKING TRIPLE, FORWARD, LOCK

1 Step left to left

2 Rock right back (5th position), popping left knee

3 Recover weight to left

4&5 Locking triple forward (right-left-right) angling body to forward left diagonal

6 Step left forward, angling body to forward right diagonal

7 Lock right behind left, popping left knee

WEAVE, ROCK, RECOVER, WEAVE, TAP, PRESS

Step left behind right, step right to right, cross left over right

2 Rock right to right3 Recover weight to left

4&5 Step right behind left, step left to left, cross right over left

6 Tap left toe slightly to left of right

7 Press ball of left to forward left diagonal

IN-OUT-KICK, BEHIND, SIDE, CROSSING TRIPLE, STEP, TOGETHER

8&1 Turn left knee in (to right), turn left knee out (to left), low kick of left toward forward left

diagonal

Step left behind rightStep right to right

4&5 Step left over right, step right to right, step left over right

Step right to rightClose left beside right

HEELS-TOES-HEELS, ROCK, RECOVER, KICK-BALL-CROSS, SWAY, SWAY

Traveling to right swivel heels to right, swivel toes to right, swivel heels to right

2 Rock left back (5th position), popping right knee

3 Recover weight to right

4&5 Low kick of left to forward left diagonal, step ball of left slightly back, step right over left

Rock left to left, swaying to leftRock right to right, swaying to right

CHASSE, ROCK, RECOVER, CHASSE, ROCK, RECOVER

Step left to left, close right beside left, step left to left Rock right forward (5th position), popping left knee

3 Recover weight to left

4&5 Step right to right, close left beside right, step right to right

6 Rock left forward (5th position), popping right knee

7 Recover weight to right

HALF TURN TRIPLE TO LEFT, FULL TURN LEFT, SCISSOR, SIDE, COASTER-CROSS

8&1 Turn ¼ to left stepping left to left, close right beside left, turn ¼ to left stepping left forward

Turn ½ to left stepping right back (easier option: walk forward with right)
Turn ½ to left stepping left forward (easier option: walk forward with left)

4&5 Step right to right, close left beside right, step right over left

6 Step left to left

7&8 Step right back, close left beside right, step right over left

REPEAT

Dance ends during 7th repetition facing front wall. Strike a pose, turning knee in on count 16