

# Mexicali Heartache

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Jan Wyllie (AUS)  
音乐: My Baby No Esta Aqui No More - Ty England



- 
- |             |  |
|-------------|--|
| 1-2         | Step forward on left, touch right beside left  |
| 3-4         | Step forward on right, touch left beside right   |
| 5-6         | Step forward on left, touch right beside left  |
| 7-8         | Step forward on right, touch left beside right   |
| 9-10        | Step left forward to left diagonal and sway hips slowly forward                          |
| 11-12       | Rock back on right and sway hips slowly back   |
| 13-14-15-16 | Rock hips forward, back, forward, back   |
| 17-18-19-20 | Rock/step left to left, rock weight to right, step left behind right, hold               |
| 21-22-23-24 | Rock/step right to right, rock weight to left, step right behind left, hold              |
| 25-26-27-28 | Rock/step left to left, step right to right, step left behind right, step right to right |
| 29-30       | Cross /rock left over right, rock back on right  |
| 31-32       | Making $\frac{1}{4}$ turn left step forward on left, hold                                |
| 33-34       | Rock/step forward on right, rock back on left  |
| 35-36       | Making $\frac{1}{4}$ turn right step right to right side, hold                           |
| 37-38-39-40 | Rock left to left, rock right to right, step left behind right, hold                     |
| 41-42-43-44 | Rock/step right to right, step left to left, step right behind left, step left to left   |
| 45-46       | Rock/step forward on right, rock back on left  |
| 47-48       | Making $\frac{1}{2}$ right step forward on right, hold                                   |
| 49-50-51-52 | Rock /step forward on left, rock back on right, step back on left, hold                  |
| 53-54-55-56 | Step back on right, rock forward on left, step forward on right, hold                    |
| 57-58-59-60 | Rock/step forward on left, rock back on right, step back on left, tap right beside left  |
| 61-62       | Making $\frac{1}{4}$ turn right step right to right side, hold                           |
| 63-64       | Slide left to right, hold  |

## REPEAT

On the 6th wall at count 32 there is a pause in the music for 4 beats. Just stand still and continue the dance when the music starts again.

---