

Mexi Melt

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数:
编舞者: Joe White (USA)
音乐: Heaven's What I Feel - Gloria Estefan



Dance begins 64 beats into the song. It is where the beat kicks in. You are counting when she is singing "on silent wings". It is about 40 seconds into the song. The Dance ends on 1 beat after the final stomp and hold This will allow you to step right and end the dance with a little flair

SIDE ROCK STEP, SAILOR SHUFFLE, SIDE ROCK STEP, SAILOR SHUFFLE

1-2 Step right to right side, rock back on left
3&4 Cross right behind left, step in place left, right
5-6 Step left to left side, rock back on right
7&8 Cross left behind right, step in place right, left

FORWARD SHUFFLE, STEP & PIVOT, STOMP STOMP

9&10 Shuffle forward right, left, right
11&12 Shuffle forward left, right, left
13-14 Step forward right, turn ½ to left
15-16 Stomp forward right, left

Shimmy on the forward shuffles

SIDE STEP RIGHT, HOLD, SYNCOPATED STEPS TO RIGHT- STEP LEFT, RIGHT, LEFT RIGHT

17-18 Step right to right side, hold
&-19 Step left to right side, step right to right side
&-20 Step left to right side, step right to right side

ROCK FORWARD LEFT, LEFT COASTER STEP

21-22 Rock forward left, back right
23&24 Step back left, right, forward left

ROCK BACK RIGHT, 2 STEP FULL TURN LEFT, RIGHT FORWARD SHUFFLE, STOMP LEFT, HOLD/BODY ROLL

25-26 Rock back right, forward left
27-28 Step forward right, left as you make a full turn to your left
29&30 Shuffle forward right, left right
31-32 Stomp left foot forward, hold

You can also use these last 2 beats for a forward body roll

REPEAT
