

# Mestizzo

拍数: 64                      墙数: 2                      级数: Improver  
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音乐: Bésame Magdalena - Mestizzo



## SHUFFLE FORWARD, ROCK FORWARD, ½ TURN SHUFFLE, HEEL SWITCHES

1&2                      Step right forward, close left beside right, step right forward  
3-4                      Rock forward on left, recover on right  
5&6                      Step left back making ½ turn left, close right beside left, step left forward  
7&8&                      Touch right heel forward, step back on right, touch left heel forward, step back on left

## SHUFFLE FORWARD, ROCK FORWARD, ½ TURN SHUFFLE, HEEL SWITCHES WITH ¼ TURN

1&2                      Step right forward, close left beside right, step right forward  
3-4                      Rock forward on left, recover on right  
5&6                      Step left back making ½ turn left, close right beside left, step left forward  
7&8&                      Touch right heel forward, step back on right, touch left heel forward, step back on left making ¼ turn right

## HEEL SWITCHES, SHUFFLE FORWARD, PADDLE/PUSH TURN TWICE, SHUFFLE FORWARD

1&2&                      Touch right heel forward, step back on right, touch left heel forward, step back on left  
3&4                      Step right forward, close left beside right, step right forward  
5&6&                      Place ball of left foot forward pushing off into ¼ turn right, repeat (weight on right)  
7&8                      Step left forward, close right beside left, step left forward

## PADDLE/PUSH TURN TWICE, STEP KICKS BACK, ROCK BACK

1&2&                      Place ball of right foot forward pushing off into a ¼ turn left, repeat (weight on left)  
3-4                      Step back right, kick left to left diagonal  
5-6                      Step back left, kick right to right diagonal  
7-8                      Rock back on right, recover on left

## SHUFFLE FORWARD, FULL ROLLING TURN FORWARD (OR WALKS FORWARD LEFT, RIGHT), SHUFFLE FORWARD, TURNING HIP ROLL

1&2                      Step right forward, close left beside right, step right forward  
3-4                      Step left forward making ½ turn right, step right back making ½ turn right  
5&6                      Step left forward, close right beside left, step left forward  
7-8                      Step right forward rolling hips in 1/8 turn left

## TURNING HIP ROLL, WEAVE, CROSS SHUFFLE

1-2                      Step right forward rolling hips in 1/8 turn left  
3-4                      Cross right over left, step left to left side  
5-6                      Step right behind left, step left to left side  
7&8                      Cross shuffle right over left right, left, right

## SIDE ROCK, CROSS SHUFFLE, WEAVE WITH TURN

1-2                      Rock left to left side, recover on right  
3&4                      Cross shuffle left over right, left, right, left  
5-6                      Step right to right side, step left behind right  
7-8                      Step right to right side making ¼ turn right, step left forward

## STEP TOUCHES WITH CLAPS & TURN

1-2                      Step forward right, touch left beside right with clap  
3-4                      Step back left, step right beside left with clap

5-6

Step right to right side, touch left beside right with clap

7-8

Step left back making  $\frac{1}{4}$  turn right, touch right beside left with clap

**REPEAT**

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