

Messing Up (P)

拍数: 32 墙数: 0 级数: Partner
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音乐: You Need a Man Around Here - Brad Paisley



Position: Side-by-side holding inside hands

STEP, TOUCH, VINE, STOMP, KICK

- 1-2 Step inside foot forward, touch outside foot to inside foot as turn to face partner taking forward hand
- 3-4 **MAN:** Releasing rear hand as raise forward, step left down LOD, cross step right behind left
LADY: Right, left as start right rolling vine
- 5-6 **MAN:** Step left down LOD, cross step right behind left
LADY: Right, left as complete right rolling vine
- 7-8 **MAN:** Taking rear hands, stomp left down LOD turning to LOD as release forward hand, kick right forward
LADY: Taking rear hands, stomp right down LOD turning to LOD as release forward hand, kick left forward

SHUFFLE, SHUFFLE, STOMP, KICK, KICK, BALL, CHANGE

- 1&2 Inside shuffle forward
- 3&4 Outside shuffle forward
- 5-6 Stomp inside foot forward, kick outside foot forward
- 7&8 Outside kick, ball, change

TOUCH, TAP, STEP, TOUCH, ROLLING VINE

- 1-2 Touch outside foot to outside, touch outside feet together behind partner
- 3-4 Step outside foot to outside, touch inside foot to outside foot
- 5-8 **MAN:** Releasing hands, right rolling vine behind lady ending with left scuff taking inside hands
LADY: Releasing hands, left rolling vine in front of man ending with left scuff taking inside hands

SHUFFLE, SHUFFLE, ROLLING VINE

- 1&2 Inside shuffle forward
- 3&4 Outside shuffle forward
- 5-8 **MAN:** Releasing hands, left rolling vine behind lady ending with right scuff taking inside hands
LADY: Releasing hands, right rolling vine in front of man ending with right scuff taking inside hands

REPEAT