

# Messing Up

拍数: 32      墙数: 2      级数: Improver polka  
编舞者: Bob Peyre-Ferry (USA) & Marlene Peyre-Ferry (USA)  
音乐: You Need a Man Around Here - Brad Paisley



---

## STEP, TOUCH, BACK ROLLING VINE, STOMP, KICK

1-2            Step right forward, touch left to right  
3-4            Step back left, right as start 1 full turn left  
5-6            Step back left, right as complete 1 full turn left  
7-8            Stomp left forward, kick right forward

## SHUFFLE, SHUFFLE, STOMP, KICK, KICK, BALL, CHANGE

1&2            Right shuffle forward  
3&4            Left shuffle forward  
5-6            Stomp right forward, kick left forward  
7&8            Left kick, ball, change

## MONTEREY TURN, ROLLING VINE

1-2            Touch left toe to left, turn ½ turn left as step left to right  
3-4            Touch right toe to right, touch right toe to left  
5-6            Moving right, step right, left as start 1 full turn right  
7-8            Step right, as complete 1 full turn right, left scuff

### Alternative steps:

5-6            Step right to right, cross step left behind right  
7-8            Step right to right, left scuff

## SHUFFLE, SHUFFLE, ROLLING VINE

1&2            Left shuffle forward  
3&4            Right shuffle forward  
5-6            Moving left, step left, right as start 1 full turn left  
7-8            Step left, as complete 1 full turn left, right scuff

### Alternative steps:

5-6            Step left to left, cross step right behind left  
7-8            Step left to left, right scuff

## REPEAT

---