

Messin' Around

拍数: 48 墙数: 2 级数: Improver
编舞者: Ethelene Tollison (USA) & Jack Tollison (USA)
音乐: A Rockin' Good Way (To Mess Around and Fall In Love) - Shakin' Stevens & Bonnie Tyler



RIGHT SHUFFLE, ROCK, LEFT SHUFFLE, ROCK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock back on left, rock forward onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock back on right, rock forward onto left

HIP BUMPS

1-2 Step forward on right, bump right hip forward twice
3-4 Step forward on left, bump left hip forward twice
5-6 Step forward on right, bump right hip forward twice
7-8 Step forward on left, bump left hip forward twice

JUMPS

1&2 Jump right onto right, bring left beside right, clap
3&4 Jump forward center on left, bring right beside left, clap
5&6 Jump back to left side on left, bring right beside left, clap
7&8 Jump back to right center on right, bring left beside right, clap

HIP BUMPS, HIP ROLL

1-2 Bump right hip to right twice
3-4 Bump left hip to left twice
5-8 Roll hips right, left, right left

STEP TOUCHES, TURNING ¼ TO RIGHT TWICE

1-4 Step to right with right foot, touch left to right instep; step ¼ turn right on left foot side, touch right foot to left instep
5-8 Step ¼ turn to right with right foot, touch left to right instep; step left foot to left side, touch right foot to left instep

STEP, HIP BUMPS, STEP, CLAP

1-4 Step right foot to right while bumping hip to right twice, bring left foot to side of right foot, clap
5-8 Step left foot to left while bumping hip to left twice, bring right foot to side of left foot, clap

REPEAT
