

Mesmerized

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lady Rebel (NL)
音乐: Mesmerized - Faith Evans



KICK BALL TOUCH, KICK BALL STEP, SHUFFLE FORWARD, PIVOT ½ TURN RIGHT, TOGETHER

1&2&3&4 Kick right forward, step right beside left, left touch toes beside right, step left beside right, kick right forward, step right beside left, step left forward
5&6 Step right forward, step left beside right, step right forward
7&8 Step left forward, pivot ½ turn right, step left beside right

First restart from here

SCUFF, OUT-OUT, VAUDEVILLES, CROSS SHUFFLE, SIDE ROCK & CROSS

1&2 Scuff right forward, small step right to right side, small step left to left side
&3&4 Step right beside left, step left in front of right, step right diagonally back, touch left heel diagonally forward
&5&6 Step left beside right, cross right in front of left, small step left to left side, cross right in front of left
7&8 Rock left to left side, recover weight on right, cross left in front of right

OUT-OUT, SWIVELS WITH ARM MOVEMENTS, ¼ TURN LEFT, SHUFFLE FORWARD, MAMBO STEP FORWARD, KICK

&1 Small step right to right side, small step left to left side
2 Swivel heels to right, move left arm diagonally and upwards to the left with palm facing upwards, move right arm down to the right with palm facing down
3 Swivel heels to left, move arms in the opposite direction, left arm down to the left with palm facing down, right arm to the right and up with the palm facing upwards
& Swivel heels left with ¼ turn left, move your arms the same as on count 3
4&5 Step left forward, step right beside left, step left forward
6&7 Rock right forward, recover weight on left, step right back
8 Kick right forward

MAMBO STEP BACK, PIVOT ½ TURN LEFT, SHUFFLE ½ TURN LEFT, COASTER STEP

1&2 Rock left back, recover weight on right, step left forward
3 4 Step right forward, pivot ½ turn left
5&6 Step right ¼ turn left to left, step left beside right, step right ¼ turn left back
7&8 Step left back, step right beside right, step left forward

REPEAT

RESTART

During the 2nd wall, dance the first 8 counts of the dance then start dance again from the start (3rd wall facing 9:00)

During the 10th wall dance the first 16 counts of the dance then start dance again from the start (facing 12:00)