

Merry Go Round

拍数: 64 墙数: 2 级数:
编舞者: Joanne Brady (USA)
音乐: Merry Go Round - Scooter Lee



BROADWAY KICKS, RIGHT KICK BALL CHANGE

1-2 Kick left foot diagonally forward & across right, step left next to right
3-4 Kick right foot diagonally forward & across left, step right next to left
5-6 Kick left foot diagonally forward & across right, step left next to right
7&8 (right kick ball change) kick right foot forward, step right next to left with ball of foot, step in place with left

RIGHT SIDE SHUFFLE, ROCK STEP

9&10 Right shuffle to right side (right-left-right)
11-12 Rock left back, step in place with right

ROLLING VINE LEFT, TOUCH TOGETHER

13-14 Turn $\frac{1}{4}$ left and step forward with left, turn $\frac{1}{2}$ left and step back with right
15-16 Turn $\frac{1}{4}$ left as you step side with left, touch right next to left

STEP DRAGS TO RIGHT AND LEFT

17-20 Step right to right side (large step), drag (slide) left foot next to right foot over counts 18-20
21-24 Step left to left side (large step), drag (slide) right foot next to left foot over counts 22-24

POINT CROSSES TRAVELING FORWARD & BACK

25-28 Touch right toe to right side, cross & step right over left, touch left toe to left side, cross & step left over right
29-32 Touch right toe to right side, cross & step right behind left, touch left toe to left side, cross & step left behind right

When toes are pointed, both knees should be locked, when feet are crossed-bend both knee

4 TOE/HEEL STEPS BACKWARD

33-40 Step right toe back, lower right heel, step left toe back, lower left heel, repeat

PADDLE TURN TO LEFT ($\frac{1}{2}$ TURN TOTAL)

41-44 Step right toe forward turning $\frac{1}{8}$ left, step on ball of left, repeat
45-48 Repeat paddle turn & touch left next to right

You should have turned $\frac{1}{2}$ left at this point

STEP DRAGS TO LEFT AND RIGHT

49-56 Repeat 17-24 going to the left first with slide, then going to the right

ARM & HAND MOTIONS

Standing with weight on right foot and left toe next to right instep

Put both arms up like you are showing your muscles

57 Hold left arm up while bending right elbow & bringing right fist to right shoulder
58 Bring right fist & arm back up and bring left fist to left shoulder
59-60 Repeat 57-58
61-64 With palms of hands facing toward your body, hold the left hand 6-8 inches from heart, hold right hand under left hand & pat chest, then pat palm of left hand, pat chest, pat palm of left hand

REPEAT

