

Mercy Me

COPPERKNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Intermediate nightclub
编舞者: Sandi Leroux (CAN)
音乐: Mercy On Me - Christina Aguilera



SIDE BEHIND FORWARD, ¼ TURN STEP, TRIPLE FULL TURN, HIP LEFT, HIP RIGHT, HIP LEFT

- 1-2& Left step side left, right rock/step behind left (3rd foot position), left recover/step forward
3&4 Execute ¼ turn right with right step forward (3:00), execute ½ turn right with left step back, execute ½ turn right with right step side (3:00) (easy option is to rock/recover step)
5-6-7 Left step side left and diagonal left forward, with hip left (face diagonal right) right step side right, with hip right (face diagonal right) left step side left and diagonal left forward, with hip left (face diagonal right)

BACK LOCK BACK, BUMP LEFT, BUMP RIGHT, BUMP LEFT, COASTER TURN, PIVOT TURN CROSS

- 8&1 Step back on right, step left in front of right, step back right
2-3-4 Left step side left and hip bump left, right step side right and hip bump right, left step side left and hip bump left
5&6 Step right behind left ¼ turn right, step left forward, step right forward ¼ turn right (9:00)
7&8 Step forward left ½ turn pivot right (3:00), step forward right, step left across right

¼ TURN BACK, TRIPLE ½, RIGHT TOUCH, ¼ TURN TOUCH, KICK LEFT, KICK RIGHT

- 1-2 Step back right ¼ turn left (12:00), step left forward ¼ turn left (9:00)
&3-4 Step right beside left, step left forward ¼ turn left (6:00), touch right beside left
5-6 Step right forward ¼ turn right(9:00), step left beside right
7-8& Kick left forward, step down on left, kick right forward, step right beside left

SIDE BEHIND FORWARD, ¼ TURN STEP, TRIPLE FULL TURN, STEP TAP BACK, LEFT TRIPLE TURNING 1 ¼

- 1-2& Left step side left, right rock/step behind left (3rd foot position), left recover/step forward
3&4 Execute ¼ turn right with right step forward (12:00), execute ½ turn right with left step back, execute ½ turn right with right step side (12:00)(easy option is rock/recover step)
5&6 Step left forward, tap right toe behind left, right step back
7&8 Pivot ½ left (6:00) stepping left forward, pivot ½ left (12:00) stepping right back, pivot ¼ left (9:00) touching left side left (easy option is a ¼ turn triple left don't forget to add a & and end weighted right)

REPEAT

Styling notes: on the final &8, keep left foot crossed in front of right shin as you execute the turn. Hold it there for count 8, then step out to left side to begin the dance again. On wall 11, count 24, raise hands in the air and hold for 12 counts