

Mercury Slide

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Lana Harvey (USA)
音乐: Holed Up In Some Honky Tonk - Dean Dillon



SWIVET - HEEL TWISTS

(A swivet is a twist on the ball of one foot and the heel of the other)

- 1-4 Two right heel swivets (twist on ball of left foot and heel of right at same time) and return, twist, and return
5-8 Two left heel swivets (twist on ball of right foot and heel of left at same time) and return, twist, return
9-10 One more right heel swivet
11-12 One more left heel swivet

HEEL SPLIT & STOMPS

- 13-14 Split heels apart and return
15-16 Stomp left foot next to right twice

STEP, SLIDE, STEPS

- 17 Step forward on left foot
18 Slide right foot next to left
19 Step forward on left foot
20 Hitch right knee
21 Step back on right foot
22 Slide left foot back next to right
23 Step back on right foot, pivoting ½ turn to the right at the same time
24 Hitch left knee
25 Step forward on left foot
26 Slide right foot next to left
27 Step forward on left foot
28 Stomp right foot next to left

HEEL TWISTS

- 29-32 Twist heels to left and return, left and return

DIG & HITCH

- 33 Right heel dig
34 Hitch right leg and at same time lift left heel
& Drop left heel

SHUFFLE STEPS

- 35&36 Shuffle forward on right, left, right

DIG & HITCH

- 37 Left heel dig
38 Hitch left leg and lift right heel at same time
& Drop right heel

SHUFFLE STEPS

- 39&40 Shuffle forward on left, right, left

GRAPEVINES

- 41-43 Vine right (step right, left behind, step right)
44 Scuff left foot forward
- 45-47 Vine left (step left, right behind, step left)
48 Hitch right leg and pivot ½ turn to the left at same time
- 49-51 Vine right (step right, left behind, step right)
52 Scuff left foot forward
- 53-55 Vine left (step left, right behind, step left)
56 Stomp right foot next to left

HEEL SPLIT

- 57- 58 Split heels apart and return

HALF TURN

- 59 Step forward on right foot
60 Pivot ½ turn to the left lifting left foot in a hitch at the same time

SHUFFLE STEPS

- 61&62 Shuffle forward on left, right, left
63 Stomp right foot next to left
64 Stomp left foot next to right and slightly apart

REPEAT
