

Men In Black

拍数: 0 墙数: 0 级数:
编舞者: Steven Bray
音乐: Men In Black - Will Smith



Sequence: AB, AA, BB, C, BB

PART A

FULL TURN MONTEREY, $\frac{3}{4}$ TURN MONTEREY, $\frac{1}{2}$ TURN MONTEREY

1-2 Point right toe to right side, make full turn right on ball of left
3-4 Point left toe to left side, make $\frac{3}{4}$ turn left on ball of right
5-6 Point right toe to right side, make $\frac{1}{2}$ turn right
7-8 Point left to left side, step left beside right

SWITCHES, CLAP, CLAP, SWITCHES, CLAP, CLAP

9 Point right to right side
&10 Close right beside left, point left to left side
&11 Close left beside right, point right to right side
&12 Clap, clap
&13 Close right beside left, point left to left side
&14 Close left beside right, point right to right side
&15 Close right beside left, point left to left side
&16 Clap, clap

TOE JACK, HEEL TAPS, STEP $\frac{1}{2}$ TURN, $\frac{1}{2}$ MONTEREY, STOMP

17&18 Cross left over right, step right to right side, touch left to left side
19-20 Tap left heel twice
21-22 Step forward on left, make $\frac{1}{2}$ turn right
23-24 Make $\frac{1}{2}$ turn left, stomp left

SIDE SHUFFLE, SIDE SHUFFLE, SHUFFLE, SHUFFLE

25&26 Step right to right side, step left beside right, step right to right side
27&28 Step left to left side, step right beside left, step left to left side
29&30 Step right forward, step left beside right, step right forward
31&32 Step left back, step right beside left, step left back

TOE STRUT, TOE STRUT, SLIDE, SLIDE

33-34 Touch right to right side, drop right heel
35-36 Touch left over right, drop left heel
37-38 Step right to right side, slide left beside right
39-40 Step right to right side, slide left beside right

SNAKE ROLL, STEP, STEP TWICE, TAP, TAP, TAP, TAP, TAP, TAP

41&42 Snake roll left (using head to lead), step right together, step left to left side
43&44 Snake roll left (using head to lead), step right together, step left to left side
45&46 Tap right toe out three times to right side (optional - pop right knee out, in, out as you tap toe)
47&48 Tap right toe in three times beside left (optional - pop right knee in, out, in as you tap toe)

PART B

BOUNCE, BOUNCE, BOUNCE, BOUNCE

1-2 Bounce both heels twice making $\frac{1}{4}$ turn right bouncing shoulders up, down as you bounce heels

- 3-4 Bounce both heels twice making $\frac{1}{4}$ turn right bouncing shoulders up, down as you bounce heels
- 5-6 Bounce both heels twice making $\frac{1}{4}$ turn right bouncing shoulders up, down as you bounce heels
- 7-8 Bounce both heels twice making $\frac{1}{4}$ turn right bouncing shoulders up, down as you bounce heels

SLIDE, SLIDE, SLIDE, SLIDE

- 9-10 Step right to right side, slide left beside right shaking fists antagonistically up, down, up
- 11-12 Step right to right side, slide left beside right shaking fists antagonistically down, up, down
- 13-14 Step right to right side, slide left beside right shaking fists antagonistically up, down, up
- 15-16 Step right to right side, slide left beside right shaking fists antagonistically down, up, down

AND CROSS STEP, AND CROSS STEP, AND CROSS STEP, AND CROSS STEP

- &17 Step on right, cross left over right
- 18 Step right to right side
- &19 Step on left, cross right over left
- 20 Step left to left side
- &21 Step on right, cross left over right
- 22 Step right to right side
- &23 Step on left, cross right over left
- 24 Step left to left side

HEAD PUSHES, AND STEP, HOLD, BOUNCE WITH CLAP, CLAP

- 25-28 Make $\frac{1}{4}$ turn right, push head forward twice
- &29 Step on left, step right beside left
- 30 Hold
- 31-32 Bounce heels making $\frac{1}{2}$ turn left clapping hands twice

PART C

FULL TURN MONTEREY, $\frac{3}{4}$ TURN MONTEREY, $\frac{1}{2}$ TURN MONTEREY

- 1-2 Point right toe to right side, make full turn right on ball of left
- 3-4 Point left toe to left side, make $\frac{3}{4}$ turn left on ball of right
- 5-6 Point right toe to right side, make $\frac{1}{2}$ turn right
- 7-8 Point left to left side, step left beside right

SWITCHES, CLAP, CLAP, SWITCHES, CLAP, CLAP

- 9 Point right to right side
- &10 Close right beside left, point left to left side
- &11 Close left beside right, point right to right side
- &12 Clap, clap
- &13 Close right beside left, point left to left side
- &14 Close left beside right, point right to right side
- &15 Close right beside left, point left to left side
- &16 Clap, clap

TOE STRUT, TOE STRUT, SLIDE, SLIDE

- 17-18 Touch right to right side, drop right heel
- 19-20 Touch left over right, drop left heel
- 21-22 Step right to right side, slide left beside right
- 23-24 Step right to right side, slide left beside right

SNAKE ROLL, STEP, STEP TWICE, TAP, TAP, TAP, TAP, TAP, TAP

- 25&26 Snake roll left (using head to lead), step right together, step left to left side

27&28 Snake roll left (using head to lead), step right together, step left to left side
29&30 Tap right toe out three times to right side (optional - pop right knee out, in, out as you tap toe)
31&32 Tap right toe in three times beside left (optional - pop right knee in, out, in as you tap toe)
