

Memory No 1

拍数: 64 墙数: 2 级数: Improver
编舞者: George Lane (AUS)
音乐: Memory Number One - Daniel O'Donnell



SIDE STEP TOUCH RIGHT & LEFT, RIGHT SIDE CLOSE SIDE TOUCH

1-2-3-4 Step side right, touch left together, step side left, touch right together
5-6-7-8 Step side right, close left together, step side right, touch left together

SIDE STEP TOUCH LEFT & RIGHT, LEFT SIDE CLOSE SIDE TOUCH

1-2-3-4 Step side left, touch right together, step side right, touch left together
5-6-7-8 Step side right, touch left together, step side left, touch right together

FORWARD LOCK FORWARD SCUFF TWICE

1-2-3-4 Step forward right, lock left behind right, step forward right, scuff left
5-6-7-8 Step forward left, lock right behind left, step forward left, scuff right

FORWARD RIGHT & LEFT TOE STRUTS, FORWARD ROCK RECOVER STEP BACK, HOLD

1-2-3-4 Touch right toe forward, drop heel, touch left toe forward, drop heel
5-6-7-8 Rock forward right, recover on left, step back right, hold

BACK LEFT & RIGHT TOE STRUTS, BACK ROCK RECOVER STEP FORWARD, SCUFF

1-2-3-4 Touch left toe back, drop heel, touch right toe back, drop heel
5-6-7-8 Rock back left, recover on right, step forward left, scuff right

DOUBLE ¼ TURN VINE HOLD TWICE (TURNS ¼ LEFT, ¼ RIGHT, ¼ RIGHT ¼ LEFT)

1-2-3-4 Turn ¼ left and step side right, step left behind right, turn ¼ right and step right foot forward, hold
5-6-7-8 Turn ¼ right and step left to the side, step right behind left, turn ¼ left and step left foot forward, hold

STEP PIVOT ½ STEP FORWARD HOLD, ONE DOUBLE ¼ TURN VINE HOLD

1-2-3-4 Step forward right, turn ½ left (weight to left), step forward right, hold
5-6-7-8 Turn ¼ right and step left to side, step right behind left, turn ¼ left and step left foot forward, hold

ONE DOUBLE ¼ TURN VINE HOLD, ROCK FORWARD RECOVER STEP BACK, TOUCH

1-2-3-4 Turn ¼ left and step right to right side, step left behind right, turn ¼ right and step right foot forward, hold
5-6-7-8 Rock forward left, recover on right, step back left, touch right beside left

REPEAT
