

Memory Lane

拍数: 32 墙数: 1 级数: Beginner
编舞者: Janeen Kenny (NZ)
音乐: They're Playin' Our Song - Neal McCoy



CROSS ROCK-TRIPLE STEP ½ TURN LEFT

1-2 Crossing left slightly over right rock forward on left, rock back onto right
3&4 Triple step (left-right-left) on the spot while turning ½ turn left

CROSS ROCK-TRIPLE STEP ½ TURN RIGHT

5-6 Crossing right slightly over left, rock forward on right, rock back onto left
7&8 Triple step (right-left-right) on the spot while turning ½ turn right

For a bit more fun.. Try a 1&½ turn on the spot for your triple step

HIP PUSH LEFT, RIGHT-CROSS SHUFFLE TO RIGHT

9-10 Step left to left(swaying motion) then rock right onto right foot
11&12 Cross left in front of right and shuffle (left-right-left) to the right

HIP PUSH RIGHT, LEFT-CROSS SHUFFLE TO LEFT

13-14 Step right to right(swaying motion) then rock left onto left foot
15&16 Cross right in front of left and shuffle (right-left-right) to the left

STEP-½ TURN- CROSS SHUFFLE

17-18 Step left foot to left, pivot ½ turn right on ball of left foot, stepping onto right
19&20 Cross left over right and shuffle (left-right-left) to the right

SIDE ROCK-CROSS SHUFFLE

21-22 Step right foot to right, putting weight onto right foot, rock left onto left foot
23&24 Cross right over left and shuffle (right-left-right) to the left

25-32 Repeat last 8 counts

REPEAT
