

Melo Chelo

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Roz Morgan (USA)
音乐: Cha Cha - Chelo



FORWARD MAMBO, BACK MAMBO, ROCK RECOVER CROSS, ¼ TURN SHUFFLE

1&2 Rock forward on right foot, recover weight to left foot, step back on right foot
3&4 Rock back on left foot, recover weight to right foot, step forward on left foot
5&6 Rock right foot to right side, recover weight to left foot, cross right foot over left foot
7&8 Turn ¼ to left as you shuffle left, right, left

½ TURN, ¼ TURN, SAILOR SHUFFLES

1-2 Step right foot forward, turn ½ to left stepping on left foot
3-4 Step right foot forward, turn ¼ to left stepping on left foot
5&6 Step right foot behind left foot, step left foot to left side, step right foot to right side
7&8 Step left foot behind right foot, step right foot to right side, step left foot to left side

TOE HEEL, CROSS TOE HEEL, SIDE SHUFFLE TO RIGHT, LEFT TURNING JAZZ BOX WITH CROSSOVER

1& Step right with right toe, step down on right heel
2& Step left toe across right foot, step down on left heel
3&4 Shuffle right, left, right to right side
5-6 Cross left foot over right foot, step back on right foot
7-8 Turn ¼ left on left foot, cross right foot over left foot

TOE HEEL, CROSS TOE HEEL, SIDE SHUFFLE TO LEFT, RIGHT TURNING JAZZ BOX

1& Step left with left toe, step down on left heel
2& Shuffle left, right, left to left side
3&4 Step left foot to left, step right foot next to left foot, step left foot to left
5-6 Cross right foot over left foot, step back on left foot
7-8 Turn ¼ right on right foot, step left foot next to right foot

KICK BALL CROSSES, ROCK RECOVER, SHUFFLE ACROSS

1&2 Kick right foot forward, step on ball of right foot, cross left foot over right foot
3&4 Repeat
5-6 Rock right foot to right side, recover weight to left foot
7&8 Cross right foot in front of left foot as you shuffle right, left, right

¼ SHUFFLE LEFT, ½ SHUFFLE LEFT, COASTER STEP, WALKS

1&2 Turn ¼ left as you shuffle left, right, left
3&4 Turn ½ left as you shuffle right, left, right
5&6 Step back on left foot, step right foot next to left foot, step forward on left foot
7-8 Walk forward right, left

ROCK RECOVER TURN, LOCK STEPS

1&2 Rock forward on right foot, recover weight on left foot, ½ turn right stepping on right foot
3&4 Step forward on left foot, lock right foot behind left foot, step forward on left foot
5&6 Step forward on right foot, lock left foot behind right foot, step forward on right foot
7&8 Step forward on left foot, lock right foot behind left foot, step forward on left foot

ROCK RECOVER TURN, FULL TURN, LOCK STEPS

- 1&2 Rock forward on right foot, recover weight on left foot, ½ turn right stepping on right foot
3&4 Full turn to right stepping left, right, left
5&6 Step forward on right foot, lock left foot behind right foot, step forward on right foot
7&8 Step forward on left foot, lock right foot behind left foot, step forward on left foot

REPEAT
