

Mellow Yellow

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: Lemon Tree - Fool's Garden



2 STRUTS TRAVELING LEFT, RIGHT FORWARD AND BACK ROCKS & RECOVERS

- 1-4 Cross touch right toes over left, step right heel down, touch left toes to left, step left heel down
5-8 Rock right forward, recover weight on left, rock right back, recover weight on left

RIGHT CROSS STRUT, ¼ LEFT & LEFT FORWARD STRUT, RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, LEFT TOGETHER

- 1-2 Cross touch right toes over left, step right heel down
3-4 Turning ¼ left touch left toes forward, step left heel down
5-8 Step right forward, pivot ½ left, step right forward, step left together

RIGHT SIDE TOUCH, RIGHT TOUCH TOGETHER, ½ RIGHT MONTEREY TURN, LEFT SIDE TOUCH, LEFT TOUCH TOGETHER, VINE LEFT 2

- 1-2 Touch right toes to right side, touch right toes together
3-4 Touch right toes to right side, turning ½ right step right together
5-6 Touch left toes to left side, touch left toes together
7-8 Step left to left side, cross step right behind left

LEFT TO LEFT SIDE, RIGHT STOMP TOGETHER, RIGHT TOE FAN, RIGHT HEEL FORWARD, HOLD, RIGHT BACK ROCK & RECOVER

- 1-2 Step left to left side, stomp right together (keeping weight on left)
3-4 Fan right toes out, fan right toes together (weight remains on left)
5-6 Touch right heel forward, hold
7-8 Rock right back, recover weight on left

RIGHT FORWARD ROCK & RECOVER, ½ RIGHT & RIGHT FORWARD, HOLD, LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT TOGETHER, HOLD

- 1-4 Rock right forward, recover weight on left, turning ½ right step right forward, hold
5-8 Step left forward, pivot ¼ right, step left together, hold

RIGHT OUT, LEFT OUT, RIGHT IN, LEFT TOGETHER, RIGHT FORWARD, HOLD, ¼ LEFT PIVOT TURN, HOLD

- 1-4 Step right to right, step left to left, step right in, step left together
5-8 Step right forward, hold, pivot ¼ left, hold (weight ends on left)

REPEAT
