

Melbourne Moods

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate/Advanced mambo
编舞者: Karla Dornstedt (USA) & Paul Dornstedt (USA)
音乐: Melbourne Mambo - The Mavericks



TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP

- 1-2 Sweep left toe around and forward and touch in front of right, sweep left around and back and step behind right
- 3-4 Sweep right toe around and back and touch in back of left, sweep right around and forward and step in front of left
- 5-6 Sweep left toe around and forward and touch in front of right, sweep left around and back and step behind right
- 7-8 Sweep right toe around and back and touch in back of left, sweep right around and forward and step in front of left

Keep toe on the floor while sweeping forward and back

¼ TURN RIGHT ROCK, RECOVER, COASTER STEP, SHUFFLE FORWARD, CROSS, HOLD

- 1-2 Turn ¼ right (3:00) on the ball of right foot and rock forward on left; recover weight back on right
- 3&4 Step back on left, step right next to left, step forward on left
- 5&6 Step forward on right; step left next to right, step forward on right
- 7-8 Sweep left toe around and cross / step over right (weight on left), hold

Keep toe on the floor while sweeping

COASTER STEP, STEP, ½ TURN RIGHT, SHUFFLE, CROSS, HOLD

- 1&2 Step back on right, step left next to right, step forward on right
- 3-4 Step forward on left, turn ½ right (6:00) and step forward on right
- 5&6 Step forward on left, step right next to left, step forward on left
- 7-8 Sweep right toe around and cross / step over left (weight on right), hold

Keep toe on the floor while sweeping

COASTER STEP, STEP, ½ TURN LEFT, SHUFFLE, CROSS, HOLD

- 1&2 Step back on left, step right next to left, step forward on left
- 3-4 Step forward on right, turn ½ left (3:00) and step forward on left
- 5&6 Step forward on right, step left next to right, step forward on right
- 7-8 Sweep left toe around and cross / step over right (weight on left), hold

Keep toe on the floor while sweeping.

¼ TURN RIGHT SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE ROCK, RECOVER

- 1&2 Turn ¼ right (6:00) and step forward right, step left next to right, step forward on right
- 3&4 Turn ¼ right (9:00) and step left side left, step right next to left, turn ¼ right (12:00) step back on left
- 5&6 Turn ¼ right and step right side right (3:00), step left together, turn ¼ right (6:00) and step forward on right
- 7-8 Rock forward on left, recover weight back on right

Make one continuous 1 ¼ right turn while doing the three shuffle turns

½ TURN LEFT SHUFFLE, ½ TURN LEFT SHUFFLE, ½ TURN LEFT SHUFFLE, ½ TURN LEFT, TOUCH

- 1&2 Turn ¼ left (3:00) and step left side left, step right next to left, turn ¼ left and step forward left (12:00)
- 3&4 Turn ¼ left and step right side right (9:00), step left together, turn ¼ left and step back on right (6:00)

5&6 Turn ¼ left (3:00) and step left side left, step right next to left, turn ¼ left and step forward left (12:00)

7-8 Turn ½ left (6:00) and step back on right, touch left back

Make one continuous left turn while doing the three shuffle turns

STEP, TOGETHER, STEP, HOLD, STEP, TOGETHER, STEP, HOLD

1-2 Step left to left forward diagonal, step right next to left

3&4 Step left to left forward diagonal and bump hips left, right, left

5-6 Step right to right forward diagonal, step left next to right

7-8 Step right to right forward diagonal and bump hips right, left, right

PUSH, PUSH, COASTER STEP, PUSH, PUSH, COASTER STEP

1-2 Push left toe and knee in across right; push left toe and knee out to left

3&4 Step back on left, step right next to left, step forward left

5-6 Push right toe and knee in across left, push right toe and knee out to right

7&8 Step back right, step left next to right, step forward on right

REPEAT
