Melbourne Mambo

拍数: 32   **墙数:** 4   **级数:** Intermediate

编舞者: Todd Lescarbeau (USA)

音乐: Melbourne Mambo - The Mavericks

MAMBO ROCKS WITH KICKS

1&2	Rock forward on left foot, recover on right foot. Step back on left
&3&4	Kick right forward, rock back on right, recover on left foot, step forward on right
&5&6	Kick left forward, rock forward on left, recover on right foot, step back on left
&7&8	Kick right forward, rock back on right, recover on left, step forward on right

Mambo rocks with kicks are taken from the "traditional" style of mambo where the "kick" takes up one-half of a beat. We call these "&" counts. To make this step flow more easily, try keeping the kicks low to the floor

CROSS- STEPS, SWIVELS, HEELS-OUT

1-2	Cross step left over right, step right beside left turning body on a 45 degree angle left (heels turned to right)
3&4	Slide heels to left, slide heels right, slide heels to left tapping right heel out (weight. On left)
5-6	Cross step right over left, step left beside right turning body on a 45 degree angle right (heels turned to left)
7&8	Slide heels to right, slide heels left, slide heels right tapping left heel out (weight. On right)

The angle steps that are described above add a bit of a "matador effect". Raise up slightly on the balls of the feet with body centered. Bend knees slightly while swiveling heels

FOUR ¼ TURNS RIGHT

1-2	Step forward on left, pivot ¼ to right (since this is a Latin style dance use hip movement)
3-4	Repeat ¼ pivot turn
5-6	Repeat ¼ pivot turn
7-8	Repeat ¼ pivot turn

Use hip movement for added styling on quarter turn pivots

MAMBO ROCK FORWARD, MAMBO ROCK BACK WITH ¼ TURN, CROSS, UNWIND, BUMPS

1&2	Rock forward on left, recover on right, step back on left
3&4	Rock back on right, recover on left, step forward on right turning ¼ to right
5-6	Cross left foot over right foot, unwind ½ to right (keeping weight on right.)
7-8	Bump hips to left, bump hips to right

Variation option: Instead of hip bumps, dancers could put a little "Elvis" influence in there by bringing the right knee in, then the left knee in.

REPEAT