

Mediocrity

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Terry Cullingham (UK)
音乐: Keep Mediocrity At Bay - Van Morrison



WALK FORWARD TWICE, ¼ TURN, SIDE, CROSS, ¼ TURN, BACK, SIDE, STEP, PIVOT ½ TURN

1-2 Walk forward right, left
3-4 ¼ turn right stepping right to right side, cross left over right
5-6 ¼ turn left stepping right back, step left to left side
7-8 Step right forward, pivot ½ turn left

SHUFFLE ½ TURN, WALK FORWARD TWICE, ¼ TURN, SIDE, CROSS, ¼ TURN, BACK, ¼ TURN, STEP

9&10 Shuffle ½ turn left stepping, right, left, right
11-12 Walk forward left, right
13-14 ¼ turn left stepping left to left side, cross right over left
15-16 ¼ turn right stepping left back, ¼ turn right stepping right forward

STEP, LOCK, LEFT SHUFFLE, ¼ TURN TWICE, RIGHT SHUFFLE

17-18 Step left forward, lock right behind left
19&20 Step left forward, close right beside left, step left forward
21-22 ¼ turn left stepping right back, ¼ turn left stepping left to left side
23&24 Step right forward, close left beside right, step right forward

CHASSE LEFT, SIDE, CLAP, ¼ TURN, SIDE, CLAP, CHASSE RIGHT

25&26 Step left to left side, close right beside left, step left to left side
27-28 Step right to right side, clap
29-30 ¼ turn left stepping left to left side, clap
31&32 Step right to right side, close left beside right, step right to right side

SIDE, CLAP, ¼ TURN, SIDE, CLAP, ½ TURN, TOGETHER, ¼ TURN, STEP, POINT

33-34 Step left to left side, clap
35-36 ¼ turn right stepping right to right side, clap
37-38 ½ turn right stepping left back, step right beside left
39-40 ¼ turn left stepping left forward, point right to right side

KICK BALL POINT, TOGETHER, POINT, HOLD, HEEL SWITCHES, BACK, ¼ TURN, STEP

41&42 Kick right foot forward, step right beside left, point left to left side
&43-44 Step left beside right, point right to right side, hold
45&46 Dig right heel forward, step right beside left, dig left heel forward
&47-48 Step left beside right, step right back, ¼ turn left stepping left forward

REPEAT
