

# Meat'n'taters

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Gloria Johnson (USA)  
音乐: Meat and Potato Man - Brice Long



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## FORWARD SHUFFLE, ½ TURN, BACKWARD SHUFFLE, ROCK-STEP, ¼ TURN

1&2      Step right forward; step left together; step right forward  
&      Turn ½ right on right foot  
3&4      Step left back; step right together; step left back  
5-6      Rock-step right back; rock forward onto left  
7-8      Step right forward; pivot ¼ turn left onto left foot

## SYNCOPATED TOE AND HEEL TOUCHES

9-10      Touch right heel forward; hold  
&      Step on right  
11-12      Touch left toe back; hold  
&      Step on left  
13&14      Touch right heel forward; step on right; touch left toe back  
&15-16      Step on left; touch right heel forward; hold

## RIGHT SIDE SHUFFLE WITH ¼ TURN LEFT, ROCK-STEP, ½ PIVOT TURN, KICK-BALL-TOUCH

17&18      Step right to right side; step left together; turning ¼ left, step on right  
19-20      Rock-step left back; rock forward onto right  
21-22      Step left forward; pivot ½ turn right onto right foot  
23&24      Kick left forward; step on left; point right toe to right side

## BACK ROCK, FORWARD ROCK, ¾ PIVOT TURN, HOLD FOR 2

25-26      Rock-step right back; rock forward onto left  
27-28      Rock-step right forward; rock back onto left  
29-30      Touch right toe behind left heel; pivot ¾ turn right onto left foot  
31-32      Hold for 2 counts

**REPEAT**

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