

Mean Woman Blues

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Gretchen Studlien-Webb (USA)
音乐: Mean Woman Blues - Elvis Presley



Sequence: A B A B A C A B A C A B A

PART A

GRAPEVINE TO THE RIGHT, PIVOT, PIVOT, STEP

- 1-4 Step on right to the right, step on the left behind the right, step on the right to the right, step forward on the left
- 5-8 Step on the right (pivoting $\frac{1}{2}$ to the right), step forward on the left step, step on the right (pivoting $\frac{1}{4}$ to the right), step forward on the left (pivoting $\frac{1}{4}$ to the right) (end facing 12:00)

SWIVEL HEELS LEFT (HOLD), RIGHT (HOLD), LEFT, RIGHT, LEFT, RIGHT

- 1-4 Swivel heels left and hold count 2, swivel heels right and hold count 4
- 5-8 Swivel heels left, right, left, right (on counts 5-6 bend knees lowering down, on counts 7-8 raise back up)

GRAPEVINE TO THE LEFT, PIVOT, PIVOT, STEP

- 1-4 Step on left to the left, step on the right behind the left, step on the left to the left, step forward on the right
- 5-8 Step on the left (pivoting $\frac{1}{2}$ to the left), step forward on the right step, step on the left (pivoting $\frac{1}{4}$ to the left), step forward on the right (pivoting $\frac{1}{4}$ to the left) (end facing 12:00)

SWIVEL HEELS, RIGHT (HOLD), LEFT(HOLD), RIGHT, LEFT, RIGHT, LEFT

- 1-4 Swivel heels right and hold count 2, swivel heels left and hold count 4
- 5-8 Swivel heels right, left, right, left (on counts 5-6 bend knees lowering down, on counts 7-8 raise back up)

PART B

POINT, POINT MONTEREY TURN, POINT, KICK, BALL CHANGE

- 1-4 Point right to the right, touch right beside right, point right to the right, step right beside left while pivoting on left $\frac{1}{2}$ to the right (facing 6:00)
- 5-6 Point to the left, touch left next to right
- 7&8 Kick the left forward, step back on the left, step forward on the right

TOE HEEL, TWO HEEL, ELVIS KNEES

- 1-4 Step on the left ball of foot to the left, drop heel down, step on the right ball of foot to the right, drop heel down
- 5-8 Pop the left knee forward and in, pop the right knee forward and in, pop the left knee forward and in, pop the right knee forward and in

PART C

STEP, CLAP, STEP, CLAP, KICK, KICK, BALL CHANGE, STEP

- 1-4 Step forward on the right, clap, step forward on the left, clap
- 5-6 Kick the right foot forward twice
- &7-8 Step back on the right, step forward on the left, step forward on the right

STEP, CLAP, STEP, CLAP, KICK, KICK, BALL CHANGE, STEP

- 1-4 Step forward on the left, clap, step forward on the right, clap
- 5-6 Kick the left foot forward twice
- &7-8 Step back on the left, step forward on the right, step forward on the left

STEP, CLAP, STEP, CLAP, STEP, CLAP, STEP, CLAP

- 1-2 Step forward on the right, clap hand low to the right
 - 3-4 Step forward on the left, clap hand low to the left
 - 5-6 Step forward on the right, clap hand high to the right
 - 7-8 Step forward on the left, clap hand high to the left
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