

Mean Old Sal

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver cha cha
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音乐: Mean Spirited Sal - Buster Poindexter



SIDE, CROSS ROCK, ¼ TURN TRIPLE TO LEFT, STEP ½ TURN PIVOT ¼ TURN TRIPLE

1-2-3 Step right to side, cross rock left in front of right, recover right
4&5 Turn ¼ left and step left foot forward, step right next to left, step left to side
6-7 Step right forward, turn ½ turn to left (weight to left)
8&1 Step right to side, turn ¼ turn left and step left together, step right to side

BACK ROCK PROGRESSIVE TRIPLES

2-3 Rock back on left, recover on right
Angle body toward 2:00
4&5 Step left in front of right, step right to side, step left next to right
Angle body to 10:00
6&7 Step right in front of left, step left to side, step right to side
Angle body to 2:00
8&1 Step left in front of right, step right to side, step left next to right
Angle body to 10:00
2&3 Step right in front of left, step left to side step right to side
Angle body to 2:00

CROSS ROCK, FOOT SWEEP, SAILOR STEPS

4-5 Cross rock left over right, recover on right
6&7 Sweep left from front to back and step left behind right, step right to side, step left in place
8&1 Step right behind left, step left to side, step right to side
2-3 Cross rock left in front of right to right diagonal, recover back on right

¼ TURN TRIPLE, PIVOT STEP, MAMBO STEP

4&5 Triple forward turning ¼ left stepping left, right, left (9:00)
6-7 Step forward on right, turn ½ left and step back on left (3:00)
8& Rock back on right, recover on left

REPEAT
