Mean Machine



拍数: 64 墙数: 2 级数: Improver

编舞者: Maureen Jones (UK) & Michelle Jones (UK)

音乐: Easy Rider - Easy-Rider



SHUFFLE, ROCK, SHUFFLE, TOUCH, ½ TURN

Step right forward, step left beside right, step right forward

3-4 Rock left forward, recover back on right

5&6 Step left back, step right beside left, step left back

7-8 Touch right toes back, on ball of left pivot ½ turn right transferring weight to right

PIVOT, ROCK, BACK, HOLD, QUICK STEP, WALKS

9-10 Step left forward, pivot ½ turn right 11-12 Rock left forward, recover back on right

13-14 Step left back, hold

&15-16 Quick step right beside left, step left forward, step right forward

LARGE STEP LEFT, DRAG, CLAPS, LARGE STEP RIGHT, DRAG, CLAPS

17-19 Step left large step left (left toe pointing to left), over 2 counts drag right to meet left (weight

remains on left) (look left during counts 17-19)

&20 Clap hands to left side twice

21-23 Step right large step right (right toe pointing to right), over 2 counts drag left to meet right

(weight remains on right) (look right during counts 21-23)

&24 Clap hands to right side twice

ROCKING CHAIR, HIP-BUMPS

25-26	Rock forward on left, recover back on right
27-28	Rock back on left, recover forward on right
29-30	Step left diagonally forward left and bump hips left twice
31-32	Step right diagonally forward right and bump hips right twice

WALK, STOMP-UP, KICK, ½ TURN WITH FLICK, WALK, KICK, COASTER

33-34 Step left forward, stomp-up right beside left

35-36 Kick right forward, on ball of left spin ½ turn left and flick right back

37-38 Step right forward, kick left forward

Step left back, step right beside left, step left forward 39&40

KICK-BALL-POINT, STEP, KICK-OUT-OUT, TWISTS

41&42 Kick right forward, step right beside left, point left to left

&43&44 Step left beside right, kick right forward, step right to right, step left to left

45-46 Bend knees and twist heels left (45), straighten legs and return heels to center (46)

47-48 Repeat counts 45-46

SYNCOPATED VINE WITH STEP, SYNCOPATED VINE WITH STEP

49-50 Step right to right, step left behind right

&51-52 Step right to right, step left across right, step right to right

53-54 Step left to left, step right behind left

&55-56 Step left to left, step right across left, step left to left

KICK-BALL-POINT, STEP, KICK-OUT-OUT, TWISTS

57-64 Repeat counts 41-48

REPEAT

TAG

Insert immediately after 2nd, 4th & 8th walls. This always follows the 'Easy-Rider chorus' and, therefore, is very easy to identify

FULL PADDLE TURN, LEFT HIP BUMPS

1-2	Make ¼ turn left and rock right to right, recover on left
3-4	Make ¼ turn left and rock right to right, recover on left
5-6	Make ¼ turn left and rock right to right, recover on left

7-8 Make ¼ turn left and step right to right, touch left beside right

9-12 Step left to left and bump hips left four times (on each hip bump lean a little further to the left)

The dance concludes on count 4 of the main dance. At this point throw both arms up in the air An easier option for counts 41-44 and 57-60 is:

KICK-BALL-CHANGE TWICE

Kick right forward, step right beside left, step left beside right Kick right forward, step right beside left, step left beside right

KICK-BALL-CHANGE TWICE

57-60 Repeat above variation for counts 41-44