Me, Myself & I (P)

级数: Partner

编舞者: Eileen Fletcher (UK)

音乐: Me, Myself and I - The Derailers

Position: Side By Side Position

拍数: 40

SHUFFLES X 3 RIGHT, LEFT, RIGHT ROCK LEFT, RECOVER ON RIGHT

- 1&2 Shuffle forward on right, left, right
- 3&4 Shuffle forward on left, right, left
- 5&6 Shuffle forward on right, left, right
- 7-8 Rock to left on left, rock right in place

ROCK LEFT BACK RECOVER ON RIGHT, STEP FORWARD LEFT PIVOT ¼ TURN TO RIGHT, JAZZ BOX, TOUCH RIGHT

- 9-10 Rock back on left, rock right in place
- 11-12 Step forward on left, pivot 1/4 turn to right on right

Man now behind lady

13-14 Cross left over right, step back on right

Hands over ladv's shoulders

Step left in place, touch right in place 15-16

RIGHT GRAPEVINE, (OPTION, ROLLING VINE RIGHT, DROP LEFT ARM) LEFT GRAPEVINE PLACE RIGHT

17-18 Step right to right, step left behind right

Drop left hands raise right, if rolling

- Step right to right, touch left in place 19-20
- 21-22 Step left to left, cross right behind
- 23-24 Step left to left, step right in place

SIDE ROCK, BACK ROCK, ½ PIVOT TURN ¼ PIVOT TURN

- 25-26 Rock left on left, rock right in place
- 27-28 Rock back on left, rock right in place
- 29-30 Step forward on left, pivot 1/2 turn to right

Drop left, raise right arms, man then lady go under right, pick up left, in LOD

31-32 Step forward on left pivot 1/4 to right

JAZZ BOX, STEP SLIDE STEP TOUCH

33-34 Cross left over of right. Step back on right

Now back in Side By Side

- 35-36 Step left in place, step right in place
- 37-38 Step forward on left, slide right to left
- Step forward on left, touch right to left 39-40

REPEAT





墙数: 0