Me, Me, Me (P)

拍数: 0

级数: Partner

编舞者: Bill Dodd & Mare Dodd (USA)

音乐: I Wanna Talk About Me - Toby Keith

墙数:0

Position: Couple begins on right foot & in sweetheart position. They will remain on the same foot throughout the dance.

Sequence: AABA

PART A

SHUFFLES FORWARD RIGHT, LEFT, RIGHT, LEFT

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5&6 Shuffle forward right-left-right
- 7&8 Shuffle forward left-right-left

RIGHT STEP-SLIDE LEFT, STEP RIGHT, SCUFF LEFT, LEFT STEP-SLIDE RIGHT, STEP LEFT, SCUFF RIGHT

- 1-2 Step forward on right, slide left behind right
- 3-4 Step forward on right, scuff left
- 5-6 Step forward on left, slide right behind left
- 7-8 Step forward on left, scuff right

STEP FORWARD; PIVOT ½ LEFT

1-2 STEP FORWARD ON RIGHT; PIVOT ½ LEFT

Drop right hands, raise left hands over man's head & bring right into hammerlock at his back, left hands are joined in front of woman

1-18 REPEAT ABOVE 18 STEPS TOWARDS RLOD

After pivot, couple will face LOD again & are in sweetheart position

SHUFFLE FORWARD RIGHT & LEFT; TURNING SHUFFLES

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5&6 LADY: Turn ¼ right as she shuffles right-left-right
- MAN: Turn ¼ right as he shuffles right-left-right
- 7&8 LADY: Turn ½ right as she shuffle left-right-left to face partner
 - MAN: Shuffle left-right-left in place (facing partner)

Man's left arm will go over lady's head as she turns & arms will end in a crossover position when she faces him

GRAPEVINE RIGHT WITH ¼ TURN LEFT

- 1-2 Releasing hands, step right to right; step left behind beginning ¹/₄ turn left
- 3-4 Step on right, step on left as you finish ¼ turn left

Couple will now be apart & facing each other - man faces LOD, lady faces RLOD

"WANNA TALK ABOUT ME" - HEEL TOUCHES & ¼ TURNS X 4

- 1-2 Touch right heel forward; turn ¼ right as you step on right, (point right thumb at chest)
- 3-4 Touch left heel forward; turn ¼ left as you step on left, (point left thumb at chest)
- 5-6 Touch right heel forward; turn ¼ right as you step on right, (point right thumb at chest)
- 7-8 Touch left heel forward; turn ¼ left as you step on left, (point left thumb at chest)

Man should now face LOD again & woman RLOD





SHUFFLE RIGHT; STEP-PIVOT ¼ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
- LADY: Step forward on left; pivot 1/4 right & touch right beside left 3-4
 - MAN: Step forward on left; pivot 1/4 right & step on right (rejoin hands at waist)
- LADY: Turn one full turn to right, stepping right, left, right, left 5-8 MAN: Grapevine left & touch right

STEP RIGHT-HITCH LEFT-STEP LEFT-TOUCH RIGHT; REPEAT

- 1-2 Heading toward your partner's left shoulder: step forward at 45 angle right on right; hitch left knee
- 3-4 At 45 angle back to left, step down on left; touch right
- 5-8 Repeat above 4 counts but head toward partners right shoulder

GRAPEVINE RIGHT WITH ¼ TURN LEFT

- 1-2 Step right to right side, step left behind right beginning 1/4 left turn
- 3-4 Step on right as you finish 1/4 left turn; step on left

"WANNA TALK ABOUT ME" HEEL TOUCHES & 1/4 TURNS X 4

- 1-2 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 3-4 Touch left heel forward, turn 1/4 left as you step on left (point left thumb at chest)
- 5-6 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 7-8 Touch left heel forward, turn 1/4 left as you step on left (point left thumb at chest)

Man should now face LOD again & woman RLOD

SHUFFLE RIGHT; STEP-PIVOT ¼ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
- LADY: Step forward on left; pivot ¼ right & touch right beside left 3-4 MAN: Step forward on left; pivot 1/4 right & step on right (rejoin hands at waist) 5-8
 - LADY: Turn 1 & ¼ turn to right, stepping right, left, right, left
 - MAN: Grapevine left with 1/4 turn left & touch right

PART B

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, LEFT

- Shuffle forward right-left-right 1&2
- 3&4 Shuffle forward left-right-left
- 5&6 Shuffle forward right-left-right
- 7&8 Shuffle forward left-right-left

STEP RIGHT-SLIDE LEFT, STEP RIGHT; SCUFF LEFT; STEP LEFT-SLIDE RIGHT, STEP LEFT; SCUFF RIGHT

- 1-2 Step forward on right, slide left behind right
- 3-4 Step forward on right, scuff left
- 5-6 Step forward on left, slide right behind left
- 7-8 Step forward on left, scuff right

Step right-pivot ½ left; step right-pivot ½ left; shuffle forward right & LEFT

- 1-2 Step forward on right, pivot 1/2 left
- 3-4 Step forward on right; pivot 1/2 left

SHUFFLE FORWARD RIGHT & LEFT; TURNING SHUFFLES

- 5&6 Shuffle forward right-left-right
- 7&8 Shuffle forward left-right-left
- 1&2 LADY: Turn 1/4 right as she shuffles right-left-right
- MAN: Turn ¼ right as he shuffles right-left-right

LADY: Turn ½ right as she shuffle left-right-left to face partner **MAN:** Shuffle left-right-left in place (facing partner)

Man's left arm will go over lady's head as she turns & arms will end in a crossover position when she faces him

GRAPEVINE RIGHT WITH ¼ TURN LEFT

- 5-6 Releasing hands, step right to right; step left behind beginning ¼ turn left
- 7-8 Step on right, step on left as you finish ¼ turn left

Couple will now be apart & facing each other - man faces LOD, lady faces RLOD

"WANNA TALK ABOUT ME" - HEEL TOUCHES & ¼ TURNS X 4

- 1-2 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 3-4 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)
- 5-6 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 7-8 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)

SHUFFLE RIGHT; STEP LEFT-PIVOT ¼ RIGHT; FULL TURN (LADY); GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
- 3-4 LADY: Step forward on left; pivot ¼ right & touch right beside left
 - MAN: Step forward on left; pivot 1/4 right & step on right (rejoin hands at waist)
- 5-8 LADY: Turn 1 & ¼ turn to right, stepping right, left, right, left MAN: Grapevine left with ¼ turn left & touch right

STEP RIGHT-HITCH LEFT-STEP LEFT-TOUCH RIGHT; REPEAT

- 1-2 Heading toward your partner's left shoulder: step forward at 45 angle right on right; hitch left knee
- 3-4 At 45 angle back to left, step down on left; touch right
- 5-8 Repeat above 4 counts but head toward partners right shoulder

GRAPEVINE RIGHT WITH ¼ TURN LEFT

- 1-2 Step right to right side, step left behind right beginning ¼ left turn
- 3-4 Step on right as you finish ¼ left turn; step on left

"WANNA TALK ABOUT ME" HEEL TOUCHES & 1/4 TURNS X 4

- 1-2 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 3-4 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)
- 5-6 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
- 7-8 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)

Man should now face LOD again & woman RLOD

SHUFFLE RIGHT; STEP-PIVOT ¼ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
- 3-4 LADY: Step forward on left; pivot ¼ right & touch right beside left
- MAN: Step forward on left; pivot ¼ right & step on right (rejoin hands at waist)
- 5-8 **LADY:** Turn 1 & ¼ turn to right, stepping right, left, right, left **MAN:** Grapevine left with ¼ turn left & touch right
- The only part that is modified in Part A is where you do the two step-pivots instead of 4 shuffles & 2 step-

slide, step scuff & pivot to RLOD.

3&4