

Me Against The Music

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kiley Evans (UK) & Geri Morrison (UK)
音乐: Me Against the Music (feat. Madonna) - Britney Spears



CAMEL WALKS, STEP POINT, BEHIND SIDE CROSS

1 Step forward on left at same time drag right toes up past left, bending right knee
2 Step forward right at same time drag left toe past right, bending left knee
3-4 Repeat 1-2

Option: just walk forward funky

5-6 Step forward on left, point right toe to right side
7&8 Step right behind left, step left to left side, cross right over left

STEP SWIVEL, BEHIND SIDE CROSS, PADDLE ½ TURN

1&2 Step left in place, swivel heels left then center (weight on right)
3&4 Cross left behind right, step right to right, cross left over right
5 Touch right to right side turning an 1/8 left
6-8 Repeat count 5 three more times (completing ½ a turn left)

DIAGONAL SYNCOPATED LOCK STEPS, BRUSH, HITCH POINT ¼ TURN POINT, SAILOR STEP

1&2& Step right diagonally forward, lock left behind right, step right diagonally forward, step left diagonally forward
3&4 Lock right behind left, step left diagonally forward, brush right forward
&5&6 Hitch right knee, point right to right side, hitch right knee, turn ¼ left, point right to right side
7&8 Cross right behind left, step left to left, step right to right

CROSS STEP CROSS, BIG STEP, ROCK BACK, SPLIT HEALS, BEND KNEES

1&2 Cross left over right, step right to right side, cross left over right
3-4 Long step right to right side, slide left up to right
5&6 Rock back on left, recover weight on right, step left next to right
&7&8 Split heels apart, bring them together, bend knees apart, bring together

Option: 2 heel splits

REPEAT
