Me 'n' U (P)



拍数: 54 **墙数:** 0 **级数:** Partner

编舞者: Moses Bourassa Jr. (USA) 音乐: That Ol' Wind - Garth Brooks



Position: Right Side by Side Promenade Position. Lady's left hand is in the man's right hand.

1 **MAN:** Step right to the right side

LADY: Step to the left with left in front of man making full turn to the left under his raised right

arm

2 MAN: Bring left next to right

LADY: Step right continuing a turn to the left **MAN:** In place, step right, left, touch right

LADY: Step left, right, left completing a turn to the left

FORWARD SWAY MOVEMENTS

3&4

Now the couple is a sweetheart wrap

Sway right hips forward while stepping forward with rightSway left hips forward while stepping forward with left

7 Repeat step 58 Repeat step 6

FORMING A CLOSE PARTNER POSITION

Man will step back in small steps. Man will let lady's left go while lady makes a ½ turn to the right. After move is complete will connect hands back

9 MAN: Step back with right

LADY: Step with left in making a ½ turn to the right

10 MAN: Step back with left

LADY: Step with right still making ½ turn to the right

11&12 MAN: In place, step right, left, right

LADY: Step left, right, left completing ½ turn to the right

Partners are in Closed Position. Man facing LOD while Lady will be RLOD

TOE/HEEL TOUCHES

13 **MAN:** Touch right heel forward

LADY: Touch left toe back

14 MAN: Return right next to left

LADY: Return left next to right

15 MAN: Touch left toe back

LADY: Touch right heel forward

16 MAN: Touch left next to right

LADY: Return right next to left

RIGHT SIDE BY SIDE SWEETHEART POSITION

Man will let go of lady's right hand. Lady will make a ½ turn to the right under the man's right arm. They will switch hands. Upon completion hands will be connected in the Side By Side Position

17 **MAN:** Step left to the left side

LADY: Step left starting a ½ turn to the right

18 **MAN:** Bring right next to left

LADY: Still making a ½ turn to the right step right

19&20 MAN: In place, step left, right, touch left

LADY: Completing turn to the right step left, right, touch left

STEP LOCK STEPS

Both are same steps

21-24 Step left diagonally forward, step right behind left, step left, scuff right 25-28 Step right diagonally forward, step left behind right, step right, scuff left

FORWARD SHUFFLE STEPS WITH HALF TURNS

29&30	Step forward left, right. Left
31&32	Step forward right, left, right
33&34	Step forward left, right, left
35	Step right foot forward

36 Make a ½ to the left pivot turn on left

37 Step right foot forward

38 Make a ½ to the left pivot turn on left

39&40 In place step right, left, right

MAKING AROUND THE WORLD TURN

Couple will drop hands making this move and after move man will have lady's left hand in his right hand

41&42 MAN: In place, left, right, left

LADY: Step in front of man and to left, step left, right, step ½ turn to the left

43&44 MAN: In place, right, left, right

LADY: Bring right next to left, step left making a ¼ turn to the left, bring right next to left.

45&46 **MAN:** In place, left, right, left

LADY: Step left behind man, right, step 1/4 turn to the left with left

47&48 **MAN:** In place, right, left, right

LADY: Bring right next to left, step left making a ¼ turn to the left, bring right next to left

PROMENADE SHUFFLE STEPS

49&50 Shuffle forward left, right, scuff left

51 Step forward left52 Step forward right

53 Step left

54 **MAN:** Touch right

LADY: Step right

REPEAT