The Mcgraw Stroll (P)



拍数: 44 编数: 0 级数: Intermediate Partner

编舞者: jg2 (USA)

音乐: Welcome to the Club - Tim McGraw



Alt. music: Fly Like A Bird by Boz Scaggs

Position: Side by side with lady on man's right side, right hands joined on Lady's right shoulder, left hands joined in front of man

1-2	Step right foot forward diagonally right, touch left foot next to right
3-4	Step left foot back diagonally left. Touch right foot next to left
5-6	Step right foot back turning ¼ right, touch left foot next to right

MAN BEHIND LADY AND ARMS SPREAD

7-10 Double left vine - left, right, left, right
11 Step left foot to the left side turning ¼ left
12 Scuff right foot forward

13 Step right foot forward

14 Drop right hands as you pivot ½ left

LADY PLACE RIGHT HAND ON YOUR BACK AT WAIST

15 Step right foot forward

16 Pivot ½ left

MAN PLACE YOUR RIGHT HAND IN HER RIGHT HAND AT HER WAIST

17-19 Vine right - right, left, right20 Touch left foot next to right foot

21-23 Vine left - left, right, left

24 Touch right foot next to left foot

LEFT ARMS OVER LADY'S HEAD TO END IN CROSS ARM POSITION, LEFT ON TOP

25-27 **LADY:** Step in place turning full turn right -right, left, right

MAN: Turning lady full turn step in place - right, left, right

28 Scuff left foot

BRING LEFT ARMS OVER MAN'S HEAD AND DOWN IN FRONT OF LADY, RIGHT HANDS BEHIND MAN TO REST ON MAN'S WAIST

25-31 LADY: Cross behind the man ending up on his left side - left, right, left

MAN: Step in place - left, right, left

32 Scuff right foot

DROP RIGHT HANDS USE LEFT TO PULL LADY TO MAN'S RIGHT SIDE, PICK UP RIGHT AT LADY'S RIGHT SHOULDER

33-35 LADY: Turn full turn right in front of man - right. Left, right

MAN: Step slightly left and pull lady gently to right side- right, left, right

36	Step left foot in position
37&38	Shuffle forward - right, left. Right
39&40	Shuffle forward - left, right, left
41&42	Shuffle forward - right, left, right
43&44	Shuffle forward - left, right, left