

# M.C. Ride

拍数: 0                      墙数: 2                      级数: Intermediate  
编舞者: Michel Cabana (CAN)  
音乐: Magic Carpet Ride - MDO



Sequence: AB, AB, AB, BB

This dance should be done with hip movements, so give this dance style and move those hips

## PART A

### SIDE, SAILOR SHUFFLE, TOGETHER, SIDE, SAILOR SHUFFLE, TOGETHER

1-2                      Step right to the right, slide left behind right  
&3-4                    Step right beside left, step left to the left, step right beside left  
5-6                      Step left to the left, slide right behind left  
&7-8                    Step left beside right, step right to the right, step left beside right

### SIDE, BEHIND & ¼ TURN RIGHT, FORWARD, PIVOT ¼ TURN RIGHT, CROSS SHUFFLE, SIDE, TOGETHER, CROSS

1-2                      Step right to the right, cross left behind right  
&3-4                    Step right to the side making ¼ turn right, step forward on the left, pivot ¼ turn right (weight ends on right foot and now facing back wall)  
5&6                    Cross left over right, step right beside left, cross left over right  
7&8                    Step right to the side, step left beside right, cross right over left

### SIDE, SAILOR SHUFFLE, TOGETHER, SIDE, SAILOR SHUFFLE, TOGETHER

1-2                      Step left to the left, slide right behind left  
&3-4                    Step left to the left, step right to the right, step left beside right  
5-6                      Step right to the right, slide left behind right  
&7-8                    Step right to the right, step left to the left, step right beside left

### SIDE, BEHIND & ¼ TURN LEFT, FORWARD, PIVOT ¼ TURN LEFT, CROSS SHUFFLE, SIDE, TOGETHER, CROSS

1-2                      Step left to the left, cross right behind left  
&3-4                    Step left to the side making ¼ turn left, step forward on the right, pivot ¼ turn left (weight ends on left foot and now facing front wall)  
5&6                    Cross right over left, step left beside right, cross right over left  
7&8                    Step left to the side, step right beside left, cross left over right

### SHUFFLE SIDE, CROSS ROCK & TOUCH & SHUFFLE SIDE WITH ¼ TURN LEFT, FORWARD, PIVOT ¾ TURN LEFT

1&2                    Step right to the side, step left beside right, step right to the side  
3&4&                    Cross left over right, recover weight on right, touch left toe beside right, hitch left knee up  
5&6                    Step left to the side, step right beside left, step left to the side making ¼ turn left  
7-8                    Step forward on the right, pivot ¾ turn left

### SHUFFLE SIDE, CROSS ROCK & TOUCH & SIDE, BEHIND, TOUCH SIDE, PIVOT A FULL TURN LEFT

1&2                    Step right to the side, step left beside right, step right to the side  
3&4&                    Cross left over right, recover weight on right, touch left toe beside right, hitch left knee up  
5-7                    Step left to the side, cross right behind left, touch left toe to the side  
8                        Pivot a full turn left as you bring left beside right

## PART B

### ROCK SIDE & KICK, COASTER STEP, ROCK SIDE & KICK, COASTER STEP

1&2 Step right to the right, recover weight on the left, kick right toe forward  
3&4 Step back on the right, step left beside right, step forward on the right  
5&6 Step left to the left, recover weight on the right, kick left toe forward  
7&8 Step back on the left, step right beside left, step forward on the left

**MAMBO RIGHT, MAMBO LEFT, STEP RIGHT, CROSS ROCK, RECOVER WITH ¼ TURN LEFT**

1&2 Step right to the right, recover weight on the left, step right beside left  
3&4 Step left to the left, recover weight on the right, step left beside right  
5-6 Step right to the side, cross left over right  
7-8 Recover weight on the right, step left to the side making ¼ turn left

**FORWARD LOCK STEP, FORWARD COASTER STEP, BACK LOCK STEP, COASTER STEP**

1&2 Step forward on the right, lock left behind right, step forward on the right  
3&4 Step forward on the left, step right beside left, step back on the left  
5&6 Step back on the right, lock left in front of right, step back on the right  
7&8 Step back on the left, step right beside left, step forward on the left

**MAMBO RIGHT, MAMBO LEFT, KICK & TOUCH, ¼ TURN LEFT COASTER STEP, CROSS KICK**

1&2 Step right to the right, recover weight on the left, step right beside left  
3&4 Step left to the left, recover weight on the right, step left beside right  
5&6 Kick right forward, step right beside left, touch left toe to the left  
&7 As you pivot ¼ turn left, step back on the left, step right beside left  
&8 Step forward on the left, kick right across left

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