

# Mc Cha

拍数: 32      墙数: 4      级数: Improver social cha  
编舞者: Michel Cabana (CAN)  
音乐: Nothing On but the Radio - Gary Allan



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## ROCK, RECOVER WITH A HOOK, SHUFFLE FORWARD, ROCK, RECOVER WITH A HOOK, SHUFFLE FORWARD

1-2            Step slightly forward on the right, recover on the left as you hook right over left  
3&4           Step forward on the right, step left beside right, step forward on the right  
5-6           Step slightly forward on the left, recover on the right as you hook left over right  
7&8           Step forward on the left, step right beside left, step forward on the left

## ROCK, RECOVER, ¼ RIGHT SHUFFLE SIDE, CROSS, ¼ LEFT, ¼ LEFT SHUFFLE SIDE

1-2            Step forward on the right, recover on the left  
3&4           Pivot ¼ turn right as you step right to the right, step left beside right, step right to the right  
5-6           Cross left over right, pivot ¼ turn left as you step back on the right  
7&8           Pivot ¼ turn left as you step left to the left, step right beside left, step left to the left

## CROSS ROCK, RECOVER, SHUFFLE SIDE, CROSS ROCK, RECOVER, SHUFFLE SIDE

1-2            Cross right over left, recover on the left  
3&4           Step right to the right, step left beside right, step right to the right  
5-6           Cross left over right, recover on the right  
7&8           Step left to the left, step right beside left, step left to the left

## MODIFIED JAZZ BOX WITH ¼ TURN RIGHT

1-2            Cross right over left, pivot ¼ turn right as you step back on the left  
3-4           Step right to the right, step forward on the left  
5-6           Cross right over left, pivot ¼ turn right as you step back on the left  
7-8           Step right to the right, step forward on the left

## REPEAT

## RESTART

On the 6th wall, restart after 28 counts (after the first jazz box)

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