

M.C. Bump

拍数: 34 墙数: 4 级数: Intermediate
编舞者: Michael Connolly
音乐: Turn That Radio On - Ronnie Milsap



TOE TOUCHES

- 1-2 Touch right toe out to side, bring back next to left
- 3-4 Touch right toe out to side, bring back next to left
- 5-6 Touch left toe out to side, bring back next to right
- 7-8 Touch left toe out to side, bring back next to right

HEEL/TOE TOUCHES

- 9-10 Touch right heel forward twice
- 11-12 Touch right toe in back twice
- 13 Touch right heel forward once
- 14 Touch right toe in back once

TURN

- 15 Step forward on right, turning $\frac{1}{4}$ turn to right
- 16 Touch left toe out to side (keep weight on right foot)
- 17 Cross left foot in front of right (putting weight on left foot)
- 18 Touch right toe out to side

SHORT JAZZ BOX

- 19 Cross right over left (change weight)
- 20 Step back on left foot
- 21 Step right foot next to left
- 22 Jump in place on both feet

GRAPEVINE RIGHT

- 23-25 Vine right (step right, left behind, step right)
- 26 Kick left foot forward

SPINNING VINE

- 27 Step left, pointing right toe out and beginning $\frac{1}{4}$ turn to left
- 28 Cross right foot over left and complete another $\frac{1}{4}$ turn to left
- 29 Step left foot behind right and spinning in a $\frac{1}{2}$ turn to left
- 30 Stomp right foot next to left and clap hands at same time

HIP BUMPS

- 31-34 Bump hips to right, left, right, left

REPEAT
